



Kenyan Police Lead Efforts to Suppress Gangs in Haiti's Multinational Security Support Mission

A NEW DAWN GUNS SILENCED BEYOND THE BADGE







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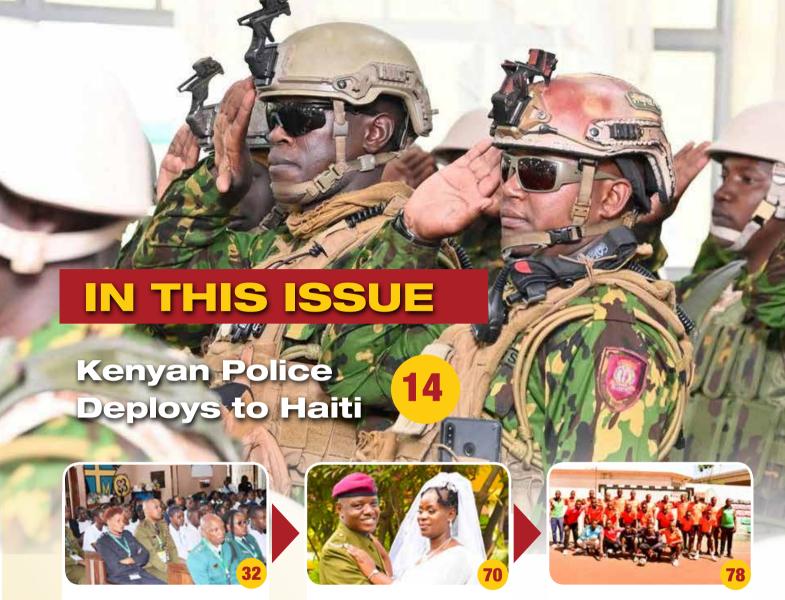












THANKSGIVING PRAYERS

Interior Principal Secretary Appreciates Disciplined Services in Annual Thanksgiving Prayers

TO LOVE AND TO HOLD

Celebrating the Union in Love of Mercy Hittla and Victor Alila

THE HIGHWAY KINGS

The Reckoning GSU Handball Team

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A GSU PUBLICATION @ 2025









Editorial

appy New Year! It is with great pleasure that I welcome you to the 3rd edition of *The GSU* magazine. This publication scripts a significant milestone for the magazine as we mark the first anniversary since we launched our first publication. The positive critique and engagements with our readers has greatly inspired this publication.

The publication introduces the leadership of Mr Ranson Lomodooni as the 19th Commandant of the General Service Unit. Mr Lolmodooni took reign of the Unit from Mr Eliud Lagat who was appointed the Deputy Inspector General of Kenya Police Service. Mr Lolmodooni returns to the General Service Unit after a short stint at the Vigilance House and takes command to

catapult the Unit to the next level of operational excellence. I at the onset cordially welcome the Commandant, Mr Ranson Lolmodooni as the new patron of *The GSU* magazine and thank him most sincerely for carrying on with the noble cause of telling our story.

In this edition, we give a volume of stories that give a deeper insight of the General Service Unit as we keep you abreast with what the Unit is doing in its operational mandate to keep our communities safe.

In our main story, we give you an exhaustive coverage of deployment of Kenyan Police in Multinational Security Support (MSS) mission in Haiti. MSS is a United Nations sanctioned mission in Haiti led by Kenya highlighting the contribution of our country to global peace and security. The story exemplifies the journey to the deployment that was shrouded with skepticism and legal hurdles to the success story it has been for the Kenyan contingent at the Caribbean. In

a highlight, the story details the rapid success by the Kenyan officers in collaboration with Haiti National Police in carrying out successful operations that recovered the University State Hospital and Auorite Portuaire Nationale port (APN) from the control of armed gangs. The Kenvan contingent has restored hope to many citizens of Haiti whom social and economic life have been disrupted by activities gangs in Port-au-Prince. The historical account of Haiti detailing the genesis of the gang violence and political disorder

is among the collection of the stories in the feature.

In the story of 'Guns Silenced' we take an indepth look at the progress and gains of Operation Maliza Uhalifu security operation in the North Rift two years later after its launch. The story highlights a glimpse of the efforts of security services in multi-agency synergy in partnership with the local community to rid the region of cattle rustling and banditry. For a long time, the menace of cattle rustling has caused untold suffering to the residents of this region and caused death of many security officers. Read how the multi-agency operation has turned the situation around by taming cattle rustling activities and reviving trade activities, learning in school and access to social services.

As we strive to keep our communities safe, our officers often face hard and life threatening experiences. Some of these experiences leave permanent scars and marks in the lives of many police officers. One such experience is the story of 'The Narrow Escape' as detailed by Inspector Nduati as his patrol team battled Al-Shabaab in Mandera County. The experience which hallmarks the importance of tactical approaches in security operations, IP Nduati and his team escaped death by a whisker after their patrol

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vehicle missed an IED attack by inches and fought their way out of the ambush. In our dedicated segment 'Beyond the Badge', we bring you an inspiring story of Cpl Ioel Bett, a GSU officer whose venture besides the police work can only be described as awesome. Bett has mastered his craft in mixed farming where he runs a successful cabbage, tomato, maize and dairy farming. His efforts in farming have turned his life around affording him fortunes and a comfortable life. The story is dedicated to motivate our officers to improve

their quality of life as they offer themselves to the service of the people.

Family is an important unit of a society. A stable family is a wish of every officer as they boot the ground miles away from their homes. In a bid to cement the importance of a family and to promote healthy relationships among our officers, we bring you the love story of Constable Alila and Mercy that blossomed into a beautiful marriage climaxed by a spectacular military wedding.

Before you turn the cover, read about the fairly known GSU Handball team that is taking the handball game in a storm. The team that is barely five years since its inception has etched its mark in the Kenya Handball Federation league competing in the top three, becoming a force to reckon with. The team comprising of officers drawn from the Unit has won several cups bringing glory to the Unit.

As you enjoy reading this publication, we hope to walk hand in hand with you to keep you abreast with the happenings in the Unit. We look up to your interaction through feedback as we endeavor to roll out more publications. *The GSU* magazine editorial team wishes you a successful year 2025.

Mr Richard Rotich, OGW

Deputy Commandant - General Service Unit Chairman, Editorial Board





Commandant's Message

he General Service Unit has continued to be a dependable security service contributing to social and economic vibrancy of our country. This has been enabled by dedication, readiness and commitment of our officers across their areas of deployment. While our country has experienced relative

calmness notable and reduction organized in crime, the tranquillity can only be attributed to the efforts of our security officers as they offer themselves to the service of Kenvans. The dynamics of crime keep on changing and the Unit has invested in technology and modern policing hardware to respond effectively the to contemporary and emerging threats to security.

> It must be noted that our country is currently enjoying peace. This has been brought about by the effort of each of our

officers in ensuring that our areas of responsibility are calm as we rid them of criminal elements. The North-rift in particular is a success story of an area where guns have been silenced and the residents returned to their normal lives. The many security operations that our officers have been involved in have seen volatile areas become habitable. This is a true testimony of our diligence as officers of the Unit in collaboration with other security agencies in a multiagency synergy.

Our officers are also taking part in overseas missions. We have deployed both individual police officers and teams that are doing a good job in pacifying countries, both near and far of any kind of conflict



Our officers are also taking part in overseas missions. We have deployed both individual police officers and teams that are doing a good job in pacifying countries, both near and far of any kind of conflict. A case to point is the Haiti mission where the Formed Police Units of the National Police Service have been able to restore peace and calmness in the capital city, Port-au-Prince. This is a success story of the important training that our officers have undergone for international missions that brings to light the great work that our officers are doing.

General Service Unit also boasts of our individual police officers who have excelled in different fields away from work. Our officers have been involved in international missions were they have proved to be an integral part of the missions. Currently, the Haiti Mission is proving to be a success as the Kenya led Multinational Security Support (MSS) Mission works to ensure the Caribbean country is peaceful and ridding it of gang groups. This shows that the country is ripe in helping other

countries realize peace and tranquillity which is needed for such nations to thrive.

Whilst I acknowledge the specific and divergent challenges our officers face while executing their mandate, I urge them to remain steadfast and resiliently true to their call of duty. I offer my commitment to their support for their welfare and operational needs as they selflessly boot through their deployment.

I wish to thank the Inspector General – National Police Service for supporting the Unit and

extend my sincere appreciation to the Deputy Inspector General – Kenya Police Service, who was the founder of the GSU Magazine for the support accorded to the Unit at large and this noble course.

I also wish to appreciate each officer of the Unit and more especially those working in extremely challenging circumstances in forward areas for a job well done in securing our country. Their commitment to duty and contribution to the growth of our country cannot be emphasized enough. As we work together with other security agencies in a multiagency synergy, I am confident that our great and beloved country can surmount any security challenge that comes on its way.

As we start the New Year, it is my hope that we maintain the zeal and vehemence in discharge of our duties. I wish you and your families a prosperous 2025 as you enjoy readership of this edition of The GSU Magazine.

Mr Ranson Lolmodooni, MBS, OGW

Commandant - General Service Unit









Ranson Lolmodooni Takes over Command of the General Service Unit

By Chief Inspector Francis Kafue

t was a defining moment as Mr Ranson Lolmodooni took the mantle as the 19th Commandant of the General Service Unit in a meticulously planned handover event on July 22, 2024 at GSU Headquarters. Mr Lolmodooni was appointed the Commandant of the stellar paramilitary Unit through Executive Order No. 7 of 2024 on July 12, 2024 following the nomination and subsequent appointment of his predecessor Mr Eliud Lagat as the Deputy Inspector General- Kenya Police Service.

Mr Lolmodooni was until his appointment the Director Operations at Vigilance House and was welcomed back to the Unit where he previously served as the General Staff Officer. The handover was preceded by a robust change of command ceremony where the new Commandant, flanked by staff officers was welcomed to the leadership of the paramilitary unit.

In the colourful ceremony that fashioned an electrifying atmosphere at GSU headquarters. Mr Lolmodoni donned the signature GSU red beret with the majestic Kenva Police Service insignia cloth head badge commandingly stitched signifying authority. The black

woven crossed scimitar sword and swagger cane surrounded

by a laurel wreath and a lion badge of his badges of rank rested fittingly on his shoulders. In a symbolic transfer of command authority, and the DIG Mr Lagat handed over the imposing GSU flag to the incoming

The instruments of command and important documents salient to the management of the Unit were also handed over.

Speaking during the event, Mr Lagat reminisced of his time in the Unit and thanked all officers for the support they accorded him during his tour of duty. He commended the new Commandant on his appointment and urged him to commit and work his mind on delivering on the operational mandate of the

> Unit. He persuaded top commanders to

> > support the new Commandant in his journey to steer the Unit mandate. Mr Lagat expressed his intimate

his appointment the Director to achieve its connection with the GSU and committed to support the Commandant to fulfill his

General Staff Officer. Commandant effectively taking charge of the Unit.



Mr Lolmodooni was until

Operations at Vigilance

House and was welcomed

back to the Unit where he

previously served as the





In his maiden speech during the handover ceremony, the new Commandant communicated his pleasure at being back to the Unit. He thanked the President for trusting him to lead the Unit and committed to propel the GSU to the next level of operational excellence. He applauded his predecessor. Lagat for instituting transformative reforms and projects in the Unit which he committed to build on to realize the goals and vision of the Unit. While addressing senior officers of the Unit, urged them to he join him in pushing the Unit

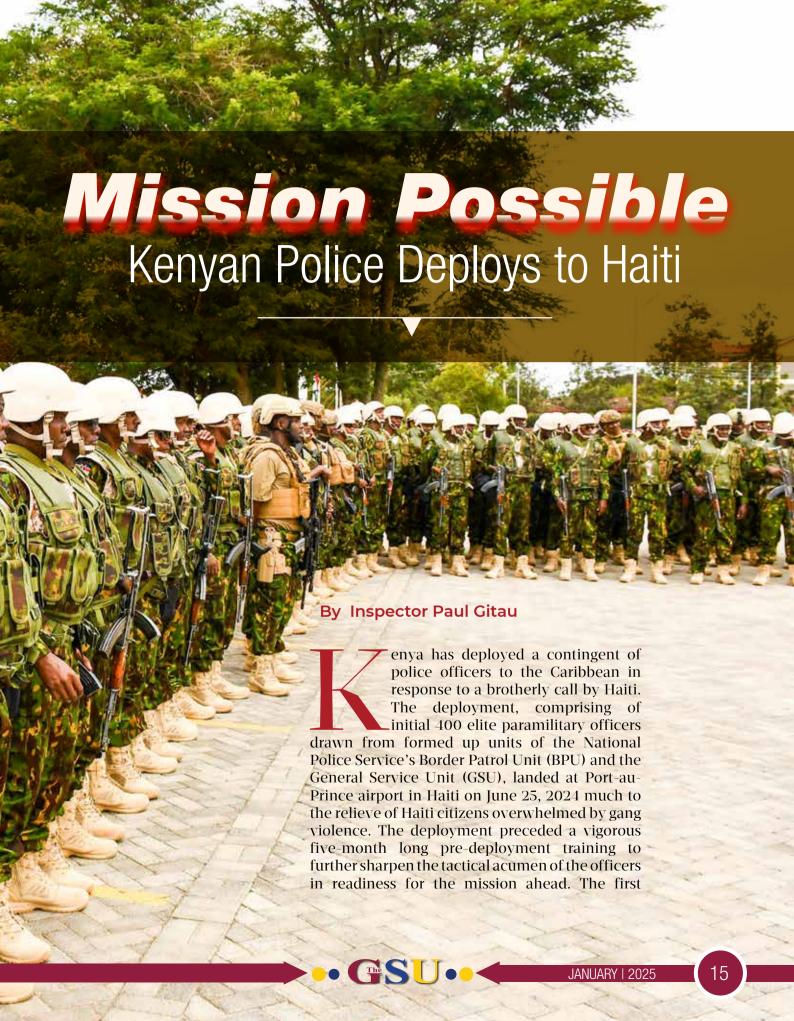
The General Service
Unit justly welcomes
a commander whose
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forward, affirming the need to concert transformative policies and projects in a teamwork approach. He reminded them that they are the bearers of the vision of the Unit and beseeched them to work diligently towards building a model Unit as all other ranks and files look up to them.

Mr Lolmodooni is an experienced police commander whose rich experience in policing is a win to the leadership of the Unit. The General Service Unit justly welcomes a commander whose operational policing competence rightly matches its operational requirements.





contingent of 400 special combat trained officers was flagged off by H.E President William Ruto in a pre-deployment briefing at Administration Police Embakasi 'A' Campus. President Ruto symbolically handed out the Kenyan flag to the Force Commander Mr. Godfrev Otunge, denoting Kenya's pride in contributing to global peace. security and stability. "Kenya has solid credentials in peace-making and conflict resolution globally and the presence of our police officers in Haiti will be a relief to men, women and children whose lives have been broken by gang violence." said President Ruto. He expressed his confidence and satisfaction in the preparedness and operational capacity of the contingent, stressing their important role in augmenting global efforts for a secure Haiti.

The president informed the officers that their presence is a hope and relief to communities shred apart by violence and ravaged by disorder.

"

Kenya being the lead country in the mission has already contributed 400 elite police officers

reminded He them of their obligation to uphold the highest standards of integrity professionalism and while bearing in mind that they the are representatives of the mission's lead country. further implored them that their performance should be a firm statement of Kenya's capability and contribution to global peace and security and concise response the doubters and naysayers about their competence and the nation's credentials.



The road to Kenya's contingent to Haiti was marred by low publicapproval and unending legal sanctions which delayed the quick intervention requested by citizens of Haiti. The spirit of the officers, however, remained unbowed and determined to set their feet in the Caribbean nation. The arrival of officers at Port-au-Prince and the subsequent success in their operations saw the doubters and naysayers bury their heads in the sand. The mission is now



enjoying high public approval as the success of the Kenyan police is the success of our country.

The Multinational Security Support Mission (MSS)

Though Haiti has had a long history of gang violence, the current security, social and political crunch can be dated to protests in major Haiti cities that started in July 2018 in response to high prices of fuel. The widespread protests degenerated into demands for resignation of President Jovenel Moise who was barely two years in office after his win in the 2016 presidential elections. As dissents grew, President Moise was assassinated on July 7, 2021 by armed mercenaries, condemning Haiti into further political crisis. Ariel Henry took up the position of acting prime minister in the ensuing crunch on July 20, 2021. Amidst the prevailing political and economic restlessness, further protests emerged in September 2022 and more armed gangs came out the streets. Following a reign of terror by



armed gangs, Haiti government submitted a formal request to the United Nations for international security assistance. The deployment of security forces to Haiti was sanctioned by the UN Security Council following UN Resolution 2699 on October 2, 2023 for a period of one year. Even though the UN would not administer the mission, the Security Council allowed Kenya to lead the mission. The council adopted the resolution and authorized member states to deploy the Multinational Security Support (MSS) mission to Haiti. With Kenya taking the honor of leading the mission, other states

including Jamaica, Guyana, Bahamas, Barbados and Antigua & Barbuda volunteered to provide security personnel for the mission. Other countries that pledged personnel are Bangladesh, Benin and Chad. The resolution obligated the MSS mission to assist the Haitian National Police to suppress armed gangs, preserve security and also craft an environment for holding of credible elections. Kenya deployed the first contingent of 200 police officers to Haiti on June 25, 2024 and another contingent of 200 elite police officers followed on July 16, 2024, totaling to 400 Kenyan police

officers at Port-au-Prince. Jamaica also deployed two platoons to join the Kenyan counterparts to suppress the gangs. Member states involved in the MSS are expected to contribute over 3000 security officers with Kenya as the lead country contributing 1000 personnel to the mission.

The objective of Kenyan police as agents of peace is to create a path towards achievement of peace and security by prioritizing the safety of civilians, opening up routes for easy movement of people and access to humanitarian assistance as well as providing security to key state institutions and infrastructure.

Rapid Success

The Kenyan contingent stepped their boots on the ground and immediately embarked on preparations to pacify and infiltrate the gang dominated areas of Port-au-Prince. The Kenyan forces set off by dominating the streets of the Haiti capital through dominant patrols to familiarize themselves with the locality and operations of the gangs as the force commander together with his troop commanders and the Haitian National Police (HNP) drew operation plan to liberate key national infrastructure from the control of gangs.

The contingent backed by Haiti police conducted their first major operation on the night of Sunday, July 7, 2024. The well-executed mission successfully recaptured the University Hospital, the largest state hospital in Haiti. The hospital had been under the control of gangs from March, 2024, who disrupted critical medical services and putting the lives of patients and medical practitioners at risk. The hospital which used to serve approximately 1500 patients daily had been rendered inoperable as result of the gangs' control. The joint forces managed to drive the gangs away and secured the facility allowing the resumption of medical services.

Haiti Prime Minister Garry Conille visited the hospital shortly after the rescue operation affirming the importance of the hospital in promotion of access to healthcare to the citizens. The visit to the hospital by the prime minister was a clear statement to the public of the government's commitment to reclaim major institutions from



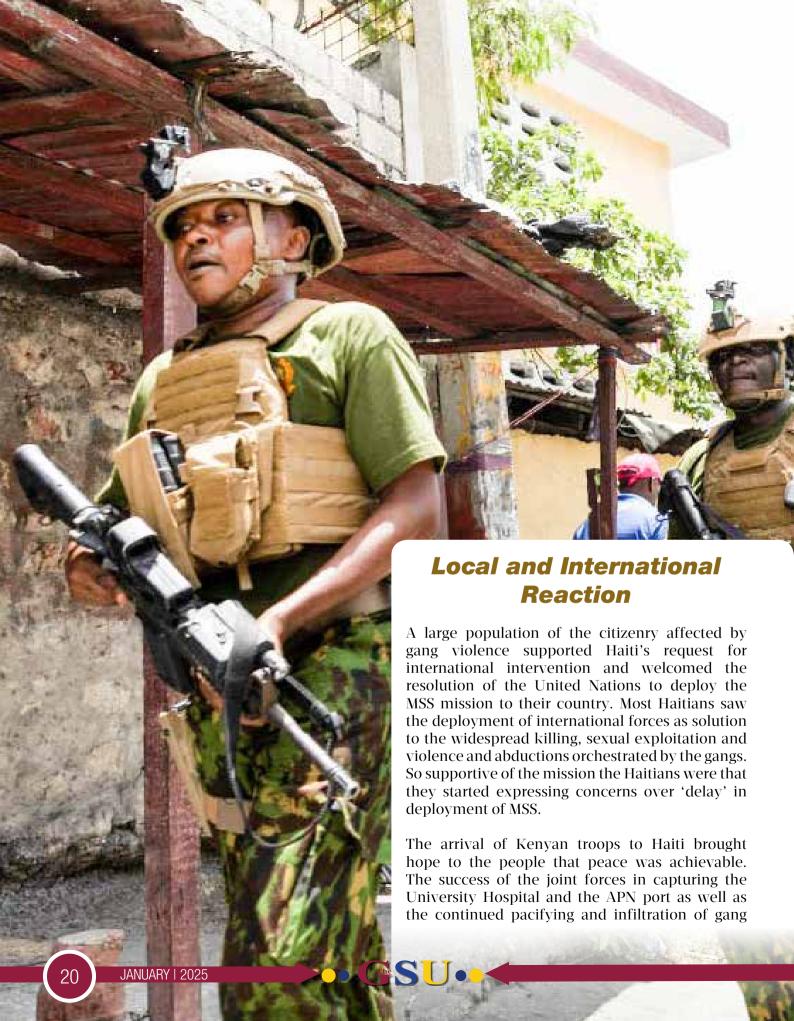


the control of the gangs. The liberation of the hospital from the clutches of the armed gangs marked a crucial win in the path to restoration of peace in the Caribbean nation. The operation to liberate the University State Hospital highlighted the tactical capability and resolute of the Kenyan police officers in dealing with intricate security challenges and their determination for restoration of peace and security in Haiti.

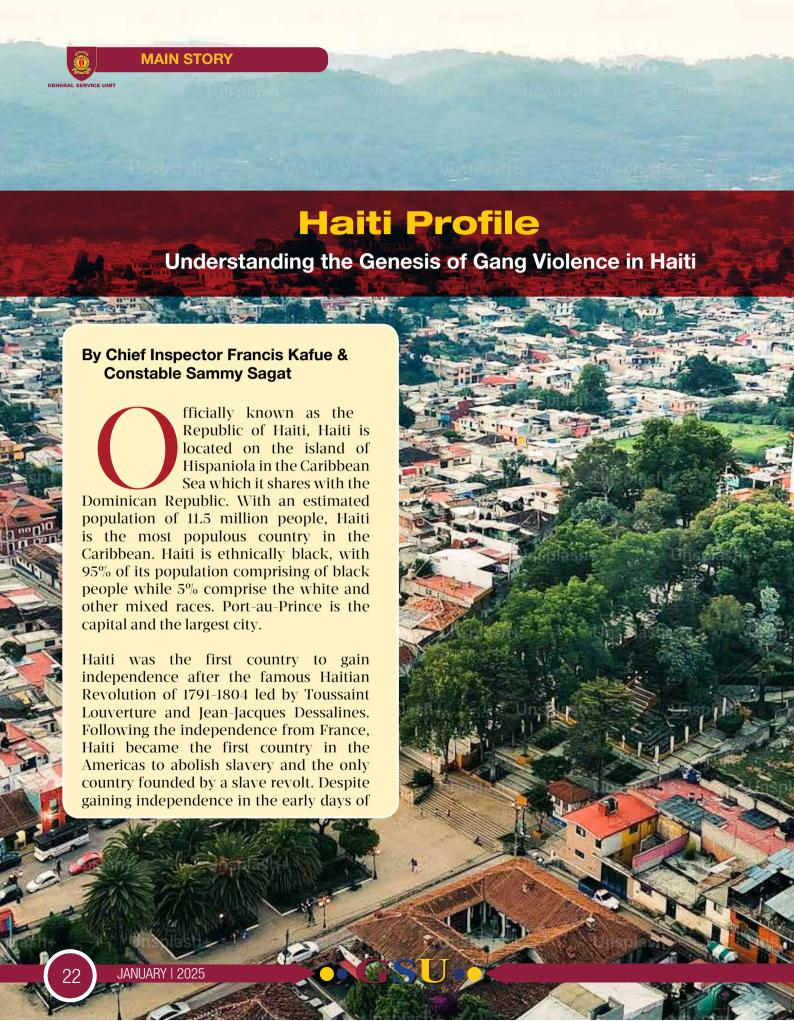
Just ten days after liberating the General hospital. the joint forces conducted another meticulously planned and executed operation on July 17, 2024, that captured Auorite Portuaire Nationale port (APN) from the control of armed gangs. The port located in the Haiti capital of Port-au-Prince fell into the hands of gangs on March 6, 2024 and was in the control of gangs for five months. The APN port is a strategic asset and one of the few entry points for the United Nations aid supply to the Caribbean nation. By taking control of the crucial port, the gangs prevented entry of international supplies including food and medical supplies as well as humanitarian aid to the large quotas of persons in dire need of humanitarian intervention. So swift was the operation as the joint force did not suffer any casualty both in personnel and equipment. The liberation of the port was a relief to many citizens of Haiti and a progressive milestone towards access to crucial necessities. The takeover further served as a strong statement of hope to people that their country would soon walk into the path of peace and security.

The Kenyan contingent and Haiti National Police conducted a surprise raid on the hideout of Jimmy Cherizier on Sunday 26, 2024, in an ambush where Cherizier thinly escaped. Cherizier alias Berbecue, who once served as a police officer, is a dreaded gang leader of G9 gang that has terrorized the Capital of Haiti for long. Berbecue narrowly escaped leaving his base exposed which the contingent flattened and made several recoveries. Cherizier is on the radar of the force and is living on borrowed time until his fate is fixed.

The success of the several operations conducted by joint forces of the MSS represents a tactical triumph as well as a significant victory in the effort to crush the dominance of armed that have ravaged Haiti.









modern civilization and being one of the homeland of modern democracy, Haiti plunged into political instability soon after. The instability generated into violence in succeeding years catalyzed by coups and overthrow of governments. Political violence led to crumbling of the economy and social infrastructure. Put into perspective, the 12 presidents who served between 1886 and 1915, none of them completed a full term of seven years. Four were killed and six were hounded

out of office. Throughout history, several other presidents have been overthrown or assassinated. The most recent is President Jovenel Moise, who was killed at his home by armed mercenaries on July 7, 2021, plunging Haiti into nasty political chaos and violence.

Emergence of Gang Wars in Haiti

The history of armed gangs in Haiti dates to early 1950s during the reign of President Francois Duvalier and his son, Jean-Claude Duvalier who also became president. Their combined period of 29 years in power highly contributed to rise of gangs. François Duvalier established a paramilitary group, the *Tonton Macoute* to counter his dissidents. The group orchestrated killings and oversaw torture of thousands of people. The group's reign of terror ended after Jean Claude was removed from presidency in 1986 but non-state sponsored violence continued since the Tonton Macoute gang was not disarmed and restructured themselves into vigilante groups. Rogue politicians and unscrupulous businessmen continued to use armed gangs to protect their political and business interests and contain public strife.



President Jean Bertrand Aristide made a bold move to tame the gangs when he outlawed Duvalier affiliated armed groups and disbanded the Haitian army in 1994.

The move was however an effort in futility as still, there was no disarmament hence the ex-soldiers further boosted the strength of the existing armed groups. An insurgency against President Aristide led by the ex-soldiers cropped out in Port-au-Prince from 1994 to 2004. As a result of the continued rampage by the gangs against the government, the youth set up self-defense groups against the gangs. The youth defense group

had the support of the Aristide's government and they became autonomous and independent with time. The youth groups supported by Aristide to consolidate his position morphed into gangs in the following years and fragmented into many independent armed groups.

Recurrent natural disasters including the 2010 earthquake, cholera outbreak, floods and hurricanes combined by unstable political leadership further compounded the Haiti problems.



The 2010 earthquake that was the greatest to ever hit the Caribbean nation, destroyed many government institutions including prisons which led to mass jail breakout of criminals who joined the existing armed groups. Politically leaning gangs were overcome by young and vibrant gangs who were powerful.

The gangs often jumped to fill the power vacuum by taking political power through supportive politicians and economic

control through extortion, protection rackets, killings, drug trafficking and abductions for ransom. The gangs exploited the protests brought about by the 2018 economic crisis in Haiti and further fuelled the instability of the government in place. Gang activity in the Haitian capital increased following the assassination of President Jovenel Moise in 2021. While taking advantage of the power vacuum brought about by Moise's death, the gangs unleashed untold reign of terror through rampant killings, sexual violence and kidnappings.



International Intervention

International community has always stepped up and answered the call by Haiti for assistance over the years. Following a coup d'état in Haiti on February 29, 2004 after weeks of protests and violence led by a rebel group National Revolutionary Front for the Liberation and Reconstruction of Haiti, President Jean Bertrand Aristide was pressured and he tendered his resignation. The rebel group had in the preceding weeks captured major towns of Haiti and continued to exert control after Aristide's exit. The political leadership vacuum created by the exit

Photo/COURTESY

of Aristide and the dire security situation, made it necessary to provide an intervention to counter the ensuing crisis. The UN backed by Security Council Resolution 1542, established the United Nations Stabilization Mission in Haiti (MINUSTAH) on April 30, 2004, a UN peacekeeping mission as the situation in Haiti was considered disturbing. The mission comprised of 4,900 military and police personnel augmented by international civilian personnel, local staff and UN volunteers. The objective of the mission was to provide security and protection during the election period and assist with maintenance of law and order. After the horrendous 2010 earthquake that affected over 3 million people, the mission focused on helping the Haitian National Police in providing security and distribution of humanitarian aid to affected areas. The mission was effective through building of a resilient police force, prevention of widespread gang violence and a politically stable Haiti. MINUSTAH folded in October, 2017 after 13 years.

The MINUSTAH peacekeeping was replaced by the United Nations Mission for Justice Support in Haiti (MINUJUSTH) in 2017 comprising of 1,275 police officers, correction officers and civilians. The mission was a lean peacekeeping mission mandated to oversee gradual transition of security responsibility to Haitian National Police. The mission run for two years and closed in October 2019.

Following increased gang activity hindering process to conduct of fair elections after the death of President Jovenel Moise, the Haitian government requested for security assistance to the United Nations, UN Security Council approved Resolution 2999 to deploy security support mission in Haiti on October 2, 2023. The Kenya-led Multinational Security Support mission which has since been extended for a further one year until October 2025, is a police and military mission mandated to help the Haiti police counter gangs, restore security, maintain law and order and facilitate conditions for fair elections.



President Ruto in Haiti

By Chief Inspector Francis Kafue

is Excellency President William Ruto has applauded the Kenyan contingent leading security stabilization in Haiti for their gains in restoring peace. While speaking at their base in Portau-Prince on September 22, 2024, the President commended the Kenyan police officers for offering their service to their brothers and sisters in the disturbed Caribbean nation.

The President acclaimed the Kenyan-led Multinational Security Support (MSS) under the command of Mr. Godfrey Otunge for their outstanding work in liberating and securing critical national infrastructure from the control of gangs. He urged the officers to continue collaborating with Haitian police and other support forces in their mandate to liberate the country from gnashing gangs, protect civilians and restore security. President Ruto highlighted that the resolution to send Kenyan police to Haiti demonstrated the firm

commitment of Kenya to international peace and security. He was upbeat of Kenya's police success in Haiti noting that Kenya has participated in 46 peace-keeping and security stabilization missions worldwide.

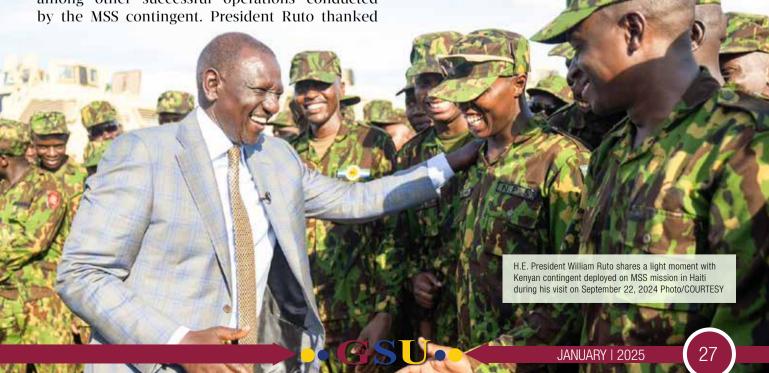
While interacting with the officers on deployment, President Ruto assured them of the country's support as well as the support of the government. He assured them of their welfare and that the government is committed to support the National Police Service to ensure that their deployment is successful. "You have the support and good will of the people of Kenya and your success is not only going to be the success of the National Police Service but also for the people of Haiti and all who believe in peace, stability and democracy," remarked the President. He noted that the deployment which was initially faced with criticism and skepticism is now enjoying strong national support in Kenya and global acclamation because of the officers' courage,

competence and professionalism. The Head of State expressed his confidence in the capacity of the Kenya police officers to succeed in their mission as they had already made significant milestones since their deployment. He proudly observed that the contingent immediately commenced operations upon deployment and exceeded expectations. "You have raised the Kenvan flag high where many were doubtful. You courageously ignored the naysayers and I am proud of you," affirmed the President. He highlighted that exemplary conduct of the Kenyan contingent has born fruits and made our country proud. He noted that the mission has attracted praise across the globe and that the leadership of Mr. Otunge as the Force Commander has been recognized by the Haitian government and international security partners.

The Force Commander Mr. Godfrey Otunge briefed the Head of State on the gains made by his Kenyan Police in the resolution of peace and stability in the Caribbean nation while calling for additional supplies in operational resources and logistical support to accelerate the achievement of the mission's objectives. The Kenyan Police in collaboration with the Haiti police successfully recaptured the Hospital of the State University of Haiti, the country's largest hospital, from control of the gangs, marking a crucial win in restoration of peace in Port-au-Prince. The Auorite Portuaire Nationale (APN) port, a crucial entry point for international deliveries to Haiti was also liberated among other successful operations conducted by the MSS contingent. President Ruto thanked



the Chairman of the Transitional Presidential Council, Edgard Leblanc, Prime Minister Gary Conille and his cabinet and the Haitian police for their commitment to the mission to ensure its success. He noted that the security situation in Port-au-Prince has improved significantly as crucial national infrastructure was safe, displaced populations were returning to their homes and there was increased humanitarian access. The visit by the President is a significant morale booster to the officers as they gear up in their mission to restore peace in Haiti.



One Team, One Mission

A Thousand Strong

IG Kanja Presides Over the Closure of Haiti Pre-deployment Course

By Constable Sammy Sagat

he Inspector General of the National Police Service. Mr. Douglas Kania graced the closure of pre-deployment training for the Kenyan contingent bound for Multinational Security Support mission in Haiti. In the event held at Administration Police Embakasi 'A' Campus Complex on November 8, 2024, the IG expressed his satisfaction at the level of training the officers had undergone in preparation for their deployment to Haiti. The IG thanked the officers for volunteering and offering themselves to make the world a better place through their endeavor to

restore peace and security to Haiti. Mr. Kanja noted that the successful completion of the training was a testament of their commitment to the principles of service and their readiness to represent the country. The IG was assured of the officers' mission readiness, integrity, discipline and professionalism required to undertake the mission in the Caribbean nation. Mr. Kanja further reminded them that they were going to serve as ambassadors of National Police Service and the country and as such their discipline would be instrumental in maintaining the image of the country at the international stage. He urged the officers to observe and uphold the values of human dignity, commitment to peace and spirit of teamwork.



He noted that the team had received a mission specific training which was responsive to the Haitian security situation.

The police chief implored on the officers of their critical role during their service in Haiti noting that the community they will serve look up to them for safety and security. He reminded them that their mission is not only for maintenance of peace, but also to restore hope for justice, peace and stability to the people of Haiti who have been bedeviled by unending insecurity,

economic downgrade and political turmoil.

While reminding them of the seriousness of the task ahead, the IG urged the officers to trust in the training they had received

You carry the reputation of the Police service and the entire country. The respect you show others and the way you discharge your duties will reflect our national image.

Mr. Douglas Kanja - Inspector General



regulations biding them in the mission. He assured them that the country stands with them and beseeched them to be good ambassadors of our country. "You carry the reputation of the Police service and the entire country.

The respect you show others and the way you discharge your duties will reflect our national image. Let the world see a nation that has regard for peace, resilience and

> one which stands for justice and dignity for all." highlighted the IG.

> The National Security Advisor, Amb. Dr. Monica Juma who also graced the closure

to support each other and abide by the standard expressed her regards to the officers for the operating procedures, orders and all other successful completion of their training. While



expressing faith in the capability of the contingent, she noted that the situation in Haiti is tough but not beyond their capability and noted that their experience in the frontline coupled with the training matched the challenge ahead. Dr. Juma informed the officers that the contingent already in Haiti has done tremendous job and have received accolades from the people of Haiti and the whole world. She specially applauded the leadership of the Force Commander Mr. Godfrey Otunge in changing the circumstances on the ground while working with limited assets, giving a statement of hope to the citizens of Haiti. She noted that the Kenvan contingent has been a dependable force lauded by the government of Haiti and implored on them to stand out more than the previous missions ever deployed to Haiti. "This high expectation requires vou to be vigilant guided by professionalism. You must not let vour guard down." She affirmed.

While passing on the message of the President to the officers, Dr. Juma implored on the officers to carry themselves with honor and dignity and make themselves, their families and the country proud as there is no greater honor than serving one's motherland. Former Inspector General Mr. Joseph Boinnet who is also the Deputy National Security Advisor remarked that the move by the President to accept Kenvan police to lead the mission was bold testament that the National Police Service has the capacity and is capable of leading the task. He therefore urged the officers to standout for themselves and the country as the world has already recognized the capability of the contingent in Haiti. The 600 officers who completed 13 weeks of rigorous pre-deployment training assured the Inspector General of their readiness to take up



the task and match the challenge ahead. They expressed their gratitude to the President for allowing Kenya to lead the mission while making a commitment to earn respect for the country in the international arena. Under their mantra, One Team, One Mission, the officers made a vow to promote discipline, team work and professionalism to succeed in their mission and bring glory to the National Police Service and the country.

The contingent comprising of officers drawn from the General Service Unit, Rapid Deployment Unit, Anti-Stock Theft Unit and all-female SWAT unit will deploy to Haiti in due course to join their counterparts already in the Caribbean nation to match up the Kenyan contingent to 1,000. The Kenyan police is leading the UN-backed Multinational Security Support (MSS) mission together with other volunteer countries to restore peace and security in Haiti.





We Recognize Your Service

Interior Principal Secretary Appreciates Disciplined Services in Annual Thanksgiving Prayers

By Constable Ezekiel Muthoka

he Principal Secretary, Ministry of Interior and National Administration Dr. Raymond Omollo has applauded members of the disciplined services for patriotic dedication commitment in working for their motherland. In annual joint thanksgiving prayers for the disciplined services held at the Holy Family Minor Basilica in Nairobi on November 9, 2024, Hon Raymond Omollo who was the chief guest

commended the officers for offering themselves selflessly to service for the country and discharging their mandate professionally and truthfully to their call of duty. The PS while appreciating the myriad challenges officers face while executing their duty, highlighted that indeed their cause cannot

be appreciated enough.

"Our country owes the officers a gratitude for the unmatched service and I call upon the citizens to support them as they offer their services to the country," he

remarked.

The Joint Services
Thanksgiving mass is an annual event held for all the seven disciplined services in the country in patronage of the Catholic Church.

The PS noted that the country has experienced calmness over the year and urged the officers to maintain the same zeal and commitment to service as the country ushers in the festive season. Hon. Omollo also appreciated the families of the officers for being a crucial support system and ensuring that the men and women in uniform always have a place to fall back to.

The mass led by Kenya Wildlife Service as the organizing service offered a humbling moment of reflection for the officers to introspect on God's sustaining grace and faithfulness as they discharge their duties. While speaking at the same mass, the Inspector General of Police Mr. Douglas Kanja offered his appreciation to Catholic Church for remarkable and consistent endeavor to provide spiritual nourishment to members of the services.



The IG observed that disciplined services operate in volatile and complex environment owing to technological advancement, globalization, and rapid change in the economic and socio-political aspects of the society as well as the dynamic security threats. He therefore noted that the mass was a good chance for the men and women in uniform and their families to collectively offer their thanksgivings and prayers. Mr. Kanja appreciated the families of officers for their support and recognized them as a great source of inspiration, and that their contribution in the success of officers' work is well recognized.

The presiding minister, His Lordship Bishop George Muthaka of Garissa Diocese and the in-charge disciplined services, observed that the mass was important for the disciplined services as it brought them together to appreciate the enduring of God's grace in their lives. He reminded the officers not to neglect their service to God and always endeavor to give God priority in their lives. Bishop Muthaka highlighted the importance of having spiritual connection with God and urged commanders at all levels to take care of their officers by ensuring they get spiritual

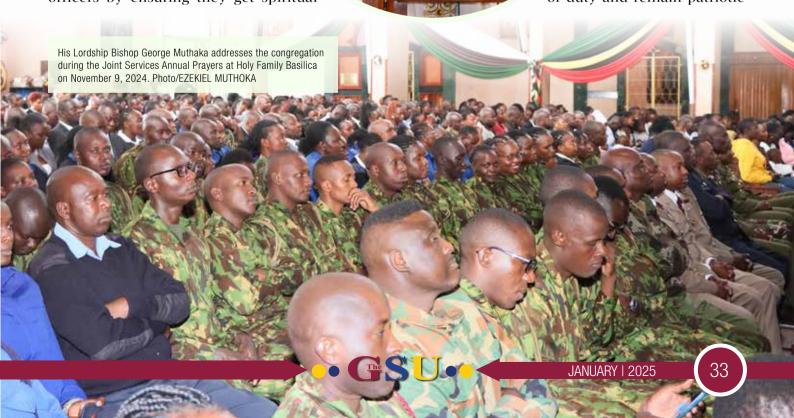
care necessary for their spiritual development. He encouraged officers to put their trust in God despite the many hardships and persecution they face as they offer their services and reminded them that their sacrifice to the country will always be appreciated.

The Bishop remembered in a special way, the departed souls of officers who have died in the line duty and noted that the country will always be indebted for their service. He sanctified the tools of work used by officers in their security mandate and blessed them to be used in the right way in

furtherance of peace and security for the country.

The mass was also a special occasion for the

outgoing Coordinator of Disciplined Services Chaplaincy. Rev Peter Kimani as he warmed up to take over as the Bishop of Embu Diocese. While reflecting on his journey spearheading the disciplined services chaplaincy, Rev. Kimani called on officers to be faithful to their call of duty and remain patriotic







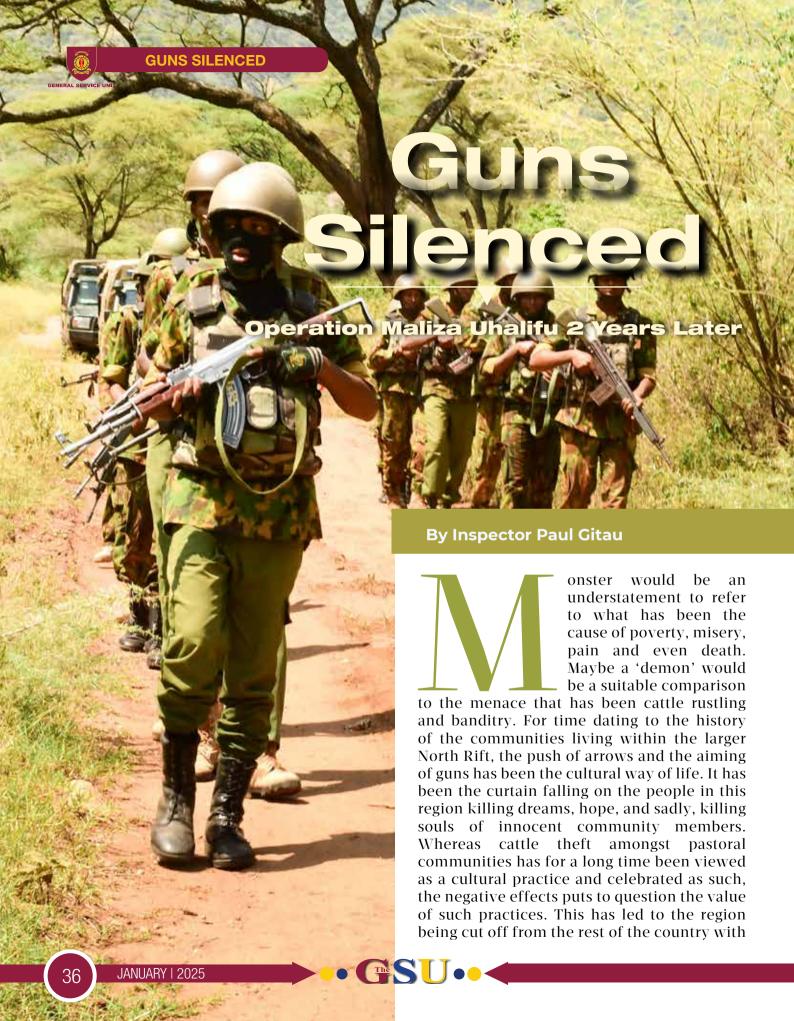


to the country. He commended officers for their commitment in the service to the nation despite the challenging environment they work in. Under the theme, "God Strengthens, keeps and secures," the officers were assured in faith that God will offer them strength as they handle the complexities in their duty and that He will keep and secure them against all vices and misfortunes.

The Joint Services Thanksgiving mass is an annual event held for all the seven disciplined services in the country in patronage of the Catholic Church. The services include the Kenya Police Service, Administration Police Service, Directorate of Criminal Investigations, Kenya Prisons Service, Kenya Wildlife Service, Kenya Forest Service and the National Youth Service. The prayers held at Holy Family Basilica was a culmination of similar joint services prayers held in different times across the country led by the Kenya Wildlife Service who are the organizers of the pastoral program.

The Commandant General Service Unit Mr. Ranson Lolmondooni led his officers in the prayers to offer thanksgiving in recognition of God's overwhelming grace for the Unit throughout the year.





poor infrastructure, low business and trading activities, and disrupted learning highlighting the menace created by cattle rustling.

Cattle rustling have evolved from a cultural game of steal-and-recover into a more lucrative venture of meat business by cruel benefactors and beneficiaries. The evolution has led to proliferation of weapons essentially up-scaling the known cultural practice into organized crime. In a broad expression of the negative

impact of cattle rustling, the civilian population which is a soft target has endured the blunt effect for a rope long period of time. Death has been lurking and many young women

The scenic hills, the beautiful gorges, the satisfying fields and the meandering roads which tell the beauty of Kapedo have sadly turned into the hallway to eternal sleep.

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have been widowed, children orphaned and young men maimed sustaining life time injuries. The true colours of the demon have been witnessed when the bandits cowardly target young school going children causing intolerable ache of parents burying their children.

Whereas banditry is spread across the counties of Turkana, Elgeyo-Marakwet, Isiolo, Laikipia and Samburu, the mention of Kapedo evokes bad memories and peels off the healing wounds of the traumatic experiences many officers have faced in the fight against banditry. Kapedo area in Tiaty within Baringo County is the epitome and casing point of cattle rustling. The scenic hills, the beautiful gorges, the satisfying fields and the meandering roads which tell the

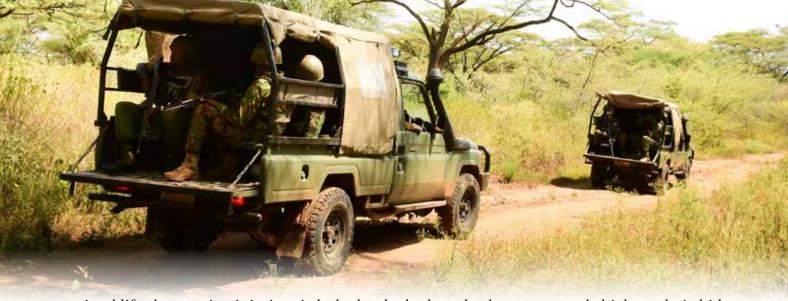
beauty of Kapedo have sadly turned into the hallway to eternal sleep. Many dreams have been buried, lives cut short and bright futures condemned to the depth of poverty and illusion. Evolution of cattle rustling into a commercial venture has further compounded the problem. In a deliberate effort to sustain their activities, the faceless financiers and benefactors of cattle rustling mobilize the bandits to disrupt government initiatives to develop the region. They prevent establishment of infrastructure

such as construction of road network to intentionally keep the region off from the rest of the country. The worst of it all is promotion of illiteracy through deliberate disruption of learning in schools by destroying learning infrastructure condemning the life of

school-going children into the circus of cattle rustling. The masters of the demon further fuel the menace by providing firearms to bandits. They intensify their capacity to unleash havoc thus complicating the already complex problem. Propagation of firearms has made cattle rustling a profitable enterprise by easing the attack operations by the bandits.

For many years, the government had deployed security services and launched operations in the region to address the menace but had sadly persisted, demonstrating the complexity of the menace. Security campaign against cattle rustling and banditry has never been a good melody or a pleasant tale to tell, as many security officers have lost their lives and others





sustained life threatening injuries. A dark cloud of grief covered the country when cattle rustling bandits ambushed and killed 42 police officers at Suguta Valley in Baragoi, Samburu County, in November, 2012 as they booted through the gorges of Baragoi to recover a stolen herd of cattle. In the sustained fight against the demon by the National Police Service, many officers have selflessly paid the ultimate price in their quest for a safe North Rift. Their answer to the call of duty has sadly led to their horrid death.

The government has come up with several interventions to address banditry and cattle rustling which to a great extent, have been a success. Notable efforts have been the declaration of amnesty for surrender of illegal firearms and launching of active security operations which have enormously contributed to silencing of guns within this region.

Operation Maliza Uhalifu

With the need to protect life and property, the government moved in to crush the menace once and for all by launching Operation Maliza Uhalifu (OMU), a police-led multi-agency operation in February, 2023. The security operation was launched following a spate of crime and violence orchestrated by bandits who

had made the gorges and thickets their hideyhole. The bandits had inflicted untold suffering to the population through killings, cattle theft, vandalism of social infrastructure, curtail of business and trade activities as well as infliction of fear.

However the intelligence guided operation undertaken jointly by the Kenya Defense Forces and the National Police Service has proved to be the solution to the ages-old menace. Security forces moved with speed and their relentless effort has led to drastic reduction

in criminality and has essentially seen the guns silenced. The multi-agency troops have intensified dominance patrols in all disturbed areas cutting off bandits from their operating grounds. The all-out war against cattle rustling has brought in local stakeholders including local community, the community based organizations, religious organizations and local leadership highlighting the commitment of all actors against the menace.

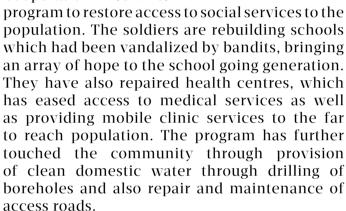
Return of calmness in the North Rift is a bold testament of the undeniable relationship between security and development. The operation has enhanced resumption of trade and business essentially opening North Rift to the rest of the country as well as facilitating the establishment of critical infrastructure. Learning has resumed bringing marvelous delight to school going children whom yearn to quench the thirst of education was under threat. The recovery of hundreds of illegal firearms is

The intelligence guided operation undertaken jointly by the Kenya Defense Forces and the National Police Service has proved to be the solution to the ages-old menace.

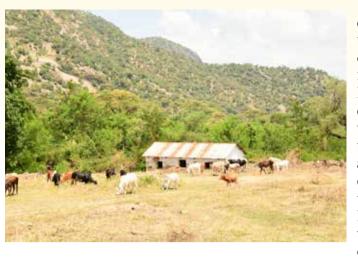
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a remarkable success which has seen enhanced water melon farming activities along Kero River and tomato farming at Loruk, Baringo North.

The Kenya Defense Forces (KDF) has put concerted effort on rehabilitation of infrastructure through their Civilian-Military Cooperation (CIMIC)



Collaboration between the community, political leaders and the security services has greatly contributed to reduction of what has been a vicious cycle of bandit attacks and cattle rustling. The County government of Turkana has constructed a police operation camp, Echo Lodge Camp in Kainuk area, truthfully affirming the commitment of the political leadership to address the ages old problem. Concerted efforts on peace-building caravans have worked greatly to sensitize the local communities on the invaluable importance of shunning criminality that has for a long term held them from economic and social progress. The local population is appreciating the effort



security officers realization towards of peace and security in their region. They laud the commitment of officers to security which has contributed to peaceful interaction among the warring communities impacting to resumption in trade. learning activities as well as rehabilitation of other essential social

infrastructure and access to social services.

The defeat of the menace offers the government a good opportunity to roll out long lasting interventions including healthcare, road network, agricultural activities and other impactful socio-economic activities that will develop the region. The gains and continuity of Operation Maliza Uhalifu is an assurance of the government's commitment to restoration of peace in the vast region. Security officers' appeal is on continued collaborative efforts in taming the banditry menace which has bedeviled the region for a long time.

Security services operate with the hope that their selfless effort to rescue the North Rift from the abrasive claws of cattle rustling and banditry will ultimately pay off. Their resolve to soldier on against cattle rustling notwithstanding the challenges is anchored on their patriotic call to duty to guarantee safety and security to the people of Kenya. As security officers continue to navigate through the valleys and gorges of North Rift, it is their hope that they will ultimately succeed to send the demon of cattle rustling and banditry into the deep pit of oblivion.

Cheptulel High School in Elgeyo Marakwet County which has been renovated by the Kenya Defence Forces. Photo/VINCENT KIPKEMOI

enoiniqo

Operation Maliza Uhalifu bringing Hope in Kerio Valley Belt

he launch of the security operation in the North Rift two years ago has turned around the security situation impacting on every sphere of the local communities. Learning in schools has resumed, trade and business activities are thriving and there is general improvement of security. *The GSU* spoke to community stakeholders involved in the operation seeking their views on the progress and gains of the operation two years later.

Mrs. Jacylin Yego Chief, Mokoro Location, Tot Division

attle rustling and banditry has affected our communities for a long time. The levels of poverty have been on the rise due to stock theft, downgrade of social services like access to health care due to destruction of health infrastructure and withdraw of healthcare workers. The local economy had been on downward trail due to curtailed transport and business activities. The rampant killings have also occasioned untold misery and suffering. I however consider the operation a success so far, having achieved a number of objectives. The involvement of all actors including the community has

significantly contributed to realization of peace along the Kerio Valley belt.

I particularly commend the approach where there is fruitful cooperation among the stakeholders, each playing distinct and critical role complementing each other towards achievement of the security operation. The community has greatly welcomed the operation as it has positively impacted on their lives. There is remarkable resumption of learning due to rehabilitation of schools, opened markets and trading activities and improved interaction between the Kerio Valley communities. I appreciate the sustained cooperation where we share information promptly and the security officers respond timely. The good cooperation between security officers, NGAO officials and the community has facilitated the surrender of illegal firearms. We will continue to support the operation in the realization that their effort is for the benefit of our communities.



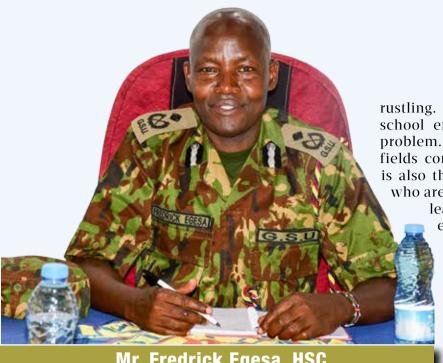
Kapen-Cheptulel Peace Committee Members Gilbert Ruto, Cherita Lubah and Paul Kitum

he security operation has brought about calmness and peace. As the champions of peace along this belt, we feel the operation has borne fruit to a great extent and much faster than other operations undertaken in the previous years. The involvement of the community and all other stakeholders in an arrangement where the effort and role of each contribute to the success of the operation is commendable.

The operation has to a big extent been helpful to our community. There is reduced crime in the locality due to targeted profiling of criminals through prompt sharing of information between the community and security officers. Sharing of information has facilitated arrest and prosecution of the criminal elements within the community. We have seen notable collaboration between community leaders, religious organizations, NGAO and security officers in the whole effort.

We are having improved inter-community relationship along Kerio Valley belt with notable interactions in business activities and peace sport activities among the youth as well as learning activities in schools. The presence of security officers has facilitated improvement of road infrastructure connecting the Kerio Valley belt and has enhanced movement and transport. The conditions of living have also improved due to rehabilitation of healthcare centres, schools and drilling of boreholes.

We appeal the community to support security officers by sharing information. We also request them to enroll their children to school for we firmly believe access to education will help fight illiteracy. We have hope that the operation will continue until this region is fully liberated from the captivity of cattle rustling and banditry.



Mr. Fredrick Egesa, HSC
Deputy Operation Commander,
Operation Maliza Uhalifu

orth Rift has for a long time been bedeviled by unending menace of cattle rustling and banditry negatively impacting on the social and economic lives of the people of this region. Many security operations and disarmament campaign have been conducted before vielding little success. In contrast to the previous security operations, Operation Maliza Uhalifu has yielded significant success. The whole of North Rift is currently experiencing relative peace, learning in schools has resumed and business activities are going on smoothly. There is commendable co-existence between the warring communities and there are little activities of cattle rustling and banditry.

What do you think has been the main cause of perennial conflict in North Rift?

The problem in the North Rift is a combination of many factors. Cattle rustling as a traditional practice have made the practice passed down the generations. Sadly, the practice though outdated, has been hijacked by opportunistic and rogue businessmen who have commercialized cattle rustling. The high level of illiteracy due to low school enrollment has also contributed to the problem. There is also competition for grazing fields compounded by boundary conflict. There is also the element of incitement by politicians who are pivotal leaders of the communities. The

leadership and authority of community elders has been eroded over the years due to high influence of political leaders. Proliferation of illegal firearms has also greatly contributed to the conflict.

What is your assessment of the current situation in North Rift?

The operation has made significant milestones in realization of its objectives. There has been notable calmness and peace in the vast region. Normal trade and business activities have resumed characterized with good cross-community relationships.

How is the relationship between security officers and the local communities?

The partnership between security officers and the community is astounding. There is mutual trust in a working partnership which has facilitated robust community policing leading to prompt sharing of information. The common understanding that collective efforts are key towards achievement of peace has created a friendly working partnership between the communities and security officers.

What is the communities' reaction towards OMU?

The operation has been welcomed by the people and they are hailing the efforts of the security



officers to restore peace. The communities have suffered for a long time and the gains of the operation are setting a ray of hope that the culture of violence will come to an end. The support for the operation is tangible as many young men have also volunteered to serve as police reserves to support the efforts of security officers. The communities have also appreciated the social services like health care, access to clean water, learning activities as well as road infrastructure brought about by the operation.

Many operations have been conducted before, yielding little fruits. What has been the strategy behind the success of OMU?

multi-agency approach ensured The has mobilization of resources and expertise from all ends where the parties involved complement each other. Every stakeholder in this operation is playing their part with dedication. The involvement of the community through partnership has ensured success through community policing. The communities have shown their commitment to peace and there is good relationship between them and security officers. The government has also been supporting the operation with adequate supply of resources. Security officers have also dedicated themselves wholly towards the mission.

What do you consider as the lasting solution to cattle rustling and banditry?

Lasting solutions to the menace of cattle rustling and banditry must be built on the gains made by this operation. OMU has laid a firm foundation upon which peace oriented community development programs can be built on. Deliberate program for compulsory enrollment to education would be pivotal in eradicating illiteracy which in effect would help in changing the mindset of the present and future generations. Diversification of lifestyle from pastoralism to farming and entrepreneurship would reduce competition for common resources and in effect reduce conflicts. Youth empowerment programs that provide life and technical skills would offer an alternative to crime and improve their conditions of living. Integration of the warring communities through initiatives led by religious and political leaders, professionals and NGOs would ensure tolerance and enhance peaceful engagements through trade and business activities.

What is the future of OMU?

OMU is a broad security operation that contains many programs within. The security component of the operation has succeeded in restoring peace and taming conflicts, setting ground upon which other programs will stem from. The operation is not time bound but rather, goal based. The objectives of the operation are broad and phased and the aim is to stay until the last of the goals is achieved. The goal is to have a conflict free North Rift





Ranson Lolmodooni

The Making of a Leader: A Police Commander's Rise

By Chief Inspector Francis Kafue

oft spoken and calm are his demeanor. But beneath these adjectives lies a man whose personality transcends beyond description of his character. Ranson Lolmodooni is the man; a man who has defied all odds to become the Commandant of General Service Unit. Born 56 years ago in the humble environs of Suguta Marmar, Lolmodooni grew in a rural set-up of the Samburu pastoralist community that offered little to take home in matters affluence. His was an excruciating childhood looking after his parent's livestock under the scorching sun in the grazing fields. The grazing fields marked by dotted shrubs and loose stones offered no comfort to the young herd's boy. Only the setting of the sun and the fall of dusk rejuvenated his falling spirit as he whisked his herding stick taking the animals back home.

Despite the unforgiving environment, the young Lolmodooni had his sight trained beyond the confinements of the pastoral lifestyle to walk away from the bondage of poverty. Unbowed by the impoverishing hardships, he balanced between looking after his family's livestock and footing 8-kilometer journey to acquire the much-needed education. His determination and sacrifice paid off when he emerged as one of the few pupils in the larger Samburu district to be educated to 'O' level in the year 1985 which pivoted him to his further academic progress. Perhaps the pain-staking childhood was an early trial preparing him to another whole level of experience as he joined the then Kenya



Police Force. The hardships of training during his initial training at GSU Training School and Magadi Field Training Camp mimicked his early struggle at Suguta Marmar as his resilience came in handy during the sweatstreaming combat training of General Service Unit.

Lolmodooni proved to be a shrewd police recruit, especially in range work which earned him a position in the GSU Recce Sub-unit. His astuteness and perceptive skills enabled him to join special team where he trained further as an operator of the then Hostage Rescue Team, currently the Crisis Response Team (CRT). His outstanding sharpness and precision afforded him a golden opportunity to train at the famous St. Louisiana State Academy in USA on Explosives and Counter Measures Course. The training gave him the requisite expertise in dealing with explosives, both conventional and improvised.

He then trained in hostage rescue and VIP Protection. Mr. Lolmodooni is a well-trained commandant both in academia and the professional field. He is a holder of a Diploma

and a Bachelor's Degree in Social Work and Social Administration. This has given him impetus in managing people and resources at different capacities. The Commandant has undergone various capacity building courses including the Middle Level Management Course, Performance Management, Divisional Commanders Training Course, Senior Management and Strategic Leadership Development Programme (SLDP).

Professional journey

Lolmodooni's illustrious career took an upward trajectory from his time at Recce Company where he climbed up the junior ranks of noncommissioned officers. His leadership and command responsibility shaped up early for him as he was appointed the Officer in Charge of the security of the Vice President in the Presidential Escort Unit (PEU), in the year 2000, then an Inspector of Police.

Being the head of security of the vice president was not a mean responsibility. His diligence earned him promotion to the rank of Chief Inspector and was deployed to Butere Police





Division as the Staff Officer Administration. He served as the OCS Kapskwony Police Station where his peace initiatives eased the tribal animosity between the Dorobo and Soy sub-tribes. also served in several other stations in the same capacity until his appointment the Deputy Sub-County Police Commander in Gucha where he was instrumental in bringing down the statistics of Female Genital Mutilation,

the area. The illuminating star in his career path maintained its sparking glow as he was appointed the Sub-County Police Commander, Masaba in Kisii County upon his promotion to the rank of Senior Superintendent of Police.

His tour of service in Masaba fostered community policing which led to reduced cases of lynching that were being orchestrated in the guise of dealing with witchcraft. He further served in Githunguri, Kiambu County in the same capacity as well as in Kaloleni, Kilifi County when the menace of Mombasa

His leadership and command responsibility shaped up early for him as he was appointed the Officer in Charge of the security of the Vice President in the Presidential Escort Unit

Republican Council (MRC) was rife and he managed to contain the organized criminal gangs as well as leading campaign against radicalization religious extremism in the Coastal County. It is perhaps his keen approach to police work and the experience gained along that lay the stepping ground for his next phase in senior police leadership. He served as the Deputy Director-National Police Reserve

an old tradition that had been prevalent in Police Headquarters, Staff Officer Personnel 1 at Vigilance House and Staff Officer Personnel Nairobi area. He scaled to higher level of command and was appointed the County Police Commander, Kisumu County in 2020 and later County Commander, Garissa County in 2021 where his command was instrumental in curtailing influx of aliens and contraband goods.

> Mr. Lolmodooni then returned back to his roots. GSU as the General Staffing Officer in the year 2022 and was promoted to the rank of Assistant

Inspector General. He worked with diligence as the Chief of Staff of the Unit, supporting the Commandant in his administrative duties. The Deputy Inspector General – Kenya Police Service saw his great potential and he was appointed the Director of Operations at the Kenya Police Service Headquarters. After a one-year stint at Vigilance House, the President of the Republic of Kenva appointed him the Commandant - General Service Unit. a position he is holding now. The Commandant is in a familiar territory and has settled in his new office seamlessly. He appreciates the hardworking and self-driven workforce of senior staff officers whom he has worked with before. Lolmodooni's approach is an inclusive style that recognizes the significance of every member in a group set up. He in a special way appreciates the field commands from which the image of the Unit is cased and recognizes the sacrifices of foot soldiers to maintain glory of the Unit. While taking the leadership mantle of the Unit, team work is the philosophy so dear to him.

He attributes his success in previous deployments and assignments to working in a team set up where divergent strengths of each player are gathered together to contribute to the success of the group. It is his appeal that commanders at all levels will align to his philosophy and create a synergy that brings all together. Cognizant of the Unit's capacity that has been built over time, the Commandant's

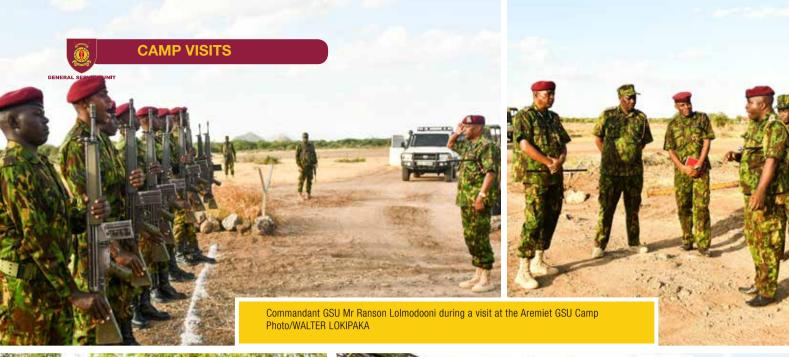
vision is to lead a more responsive and proactive workforce. The contemporary issues of security; terrorism, cattle rustling and banditry, organized crimes and riots, around which the deployment of GSU is based, are changing. The Commandant vision is therefore to enhance operational competence of the Unit to respond effectively to the contemporary and emerging security threats by leveraging in training and technology.

The Commandant has his eyes fixed on leaving a legacy of taking the Unit to the next level of operational excellence on completion of his tour of duty. He is committed to ensure that his leadership is felt in every corner of the Unit's deployment by responding to operational and welfare needs of his officers. He is dedicated to carry on with the progressive and transformational trajectory undertaken by his predecessor to make the Unit a dependable security unit of the National Police Service.

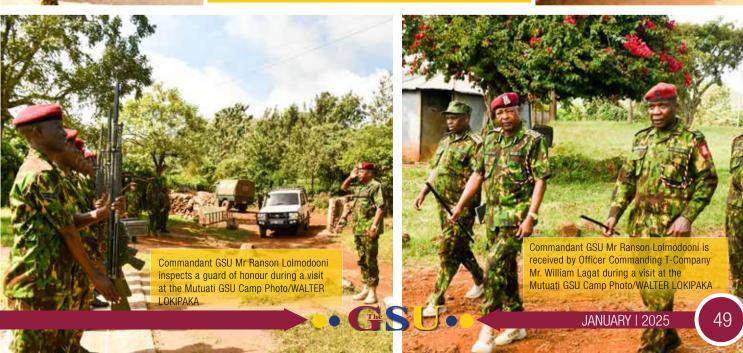
The exemplary service of Mr Lolmodooni to his country has stood out, earning him honours and accolades. In the year 2022, he received Presidential Honours and was awarded with the Order of the Grand Warrior of Kenya (OGW) and the Order of the Moran of the Burning Spear of Kenya (MBS) on 12th December 2023 among other service awards. His focus is to steer the General Service Unit along the path of progressive operational policing to crown his tour of duty.













The Resilient Journey of Corporal Joel Bett

By Inspector Paul Gitau and Constable Sammy Sagat

utstanding, excellent, impressive are few of the many adjectives that would rightly fit his acumen and description. It is within this remarkable character that lays the humble man, Joel Bett, a police officer who has mastered the art of resilience and discipline in his life.

In the expansive highlands of Trans-Nzoia County in the interior of Koronga village in Endebes sub-county, is the scenic farm of Corporal Joel Bett where he retreats when he breaks from the whirlwind of police work at General Service Unit headquarters where is attached. His feet are indeed ever tucked in military boots at work, and gumboots at home.

While many people in formal employment would view farming as a 'dirty' and belowclass venture, Bett has demystified the bogus notion and turned his fortunes around by dipping his feet and limbs deep into the soil.





It is within his combined 15 acres of land that he practises mixed farming of horticultural products - cabbages, tomatoes and maize and dairy farming.

Born and bred at Koronga village some 41 vears ago, the third born in a family of seven developed farming instincts at young age and cut his own niche, becoming an established farmer while still tucked in his boots as a paramilitary officer. Bett, a father of five, currently has 30,000 heads of Gloria F1 cabbage variety spread in 2 acres. He prefers the variety due to its good head

formation and firmness. The variety also does well in the market due to its big size and prolonged shelf life. He plants the cabbages at different times to ensure he stays in the market all through.

He also keeps dairy cows. Holstein Fresian breed which he sourced from Githunguri, Kiambu County. prefers Не the breed due to its high production, resilience and also does well in mid-weather environment. He has 3 lactating cows, 2 in-calf heifers and 3 other small heifers. He produces an average of 60 litres of milk daily

which he sell at the local dairy society. The dedicated officer also has 2 acres of Anzal F1 tomato variety which does well at his area. He has an average production of 200 crates and targets the areas of Kapenguria, Lokichar, Lodwar and Uganda for his market. Bett has understood the shaping of a tree while still young and is moulding his children in farming. Each of his five children has a small portion of land to look after as a way of instilling farming instincts and training them to be responsible.

journey which successful farming he started slowly 19 years ago is an elaborate storv of patience, discipline and resilience which serves as an invaluable piece of motivation to other officers who would want to venture into farming. Bett's calmness simplicity is a loud contrast of his success in personal life which clearly fits the saying of working in silence and action speaking for commitment vou. His and discipline in farming is a true replica of his clean record of service. The editorial team visited Cpl Bett at his farm in a bid to get a glimpse of his success and tell the

inspiring story to our audience.



The



Tell us about your time in the Service

I have enjoyed every time of my service in the police service. I joined the National Police Service in 2011 where I undertook the basic paramilitary training at the then GSU Training School. After successful completion of training I was deployed to GSU 'T' Company at Kilgoris and I have also served in many other field operation camps. Due to my experience in farming, I was deployed at Chepchoina Base Camp to manage GSU Welfare farm from 2014 until 2017 when I was deployed to Headquarters Sub-Unit where I am still attached to date. I was promoted to the rank of corporal in 2024 and am grateful.

What inspired you to join the GSU despite being a relatively established farmer?

It's the passion. I always envied men in uniform and it was my dream to join the disciplined forces. Being a service man has been in blood since I was young. My passion for service made me to enlist in the then Kenya Police Reserve

(KPR) and served for 6 years until 2011 when I was enlisted in the National Police Service. I was ready to joggle between farming and police work and I couldn't let the chance slip away.

What motivated you to start farming?

I come from a region where farming is the major economic activity and I developed farming instincts at my early years. I embraced agriculture since my time at Kitale Manor House High School where I was a member of Young Farmers Association club and I scored a clean 'A' in Agriculture in my KCSE. Our home is also close to Agricultural Development Corporation (ADC) farm and I drew significant farming lessons as we worked in the farm. I am self-inspired and I have great passion for farming as I find it fulfilling. I wanted to have food security for my family and also improve my life.

How did you venture into farming?

Immediately after finishing high school in 2003, I started running our family posho mill and small shop. My parents were happy with

the management and leased me 2 acres to farm as appreciation for good management in 2005. I planted maize in the 2 acres which did so well and yielded 60 bags. I sold all of them and bought a water pump generator.

I then leased one more acrewhere I planted tomatoes which also did well and earned me Ksh 300,000, a significant amount by then.

From 2006 I started mixed farming, planting c a b b a g e s , tomatoes and maize. From the good yield in the venture and experience gained, I resolved to expand the

acreage gradually and I leased more land from 2008 and I have improved over time. My farming is now spread in about 15 acres which is combined leased and family land.

and dairy farming.

I am currently doing tomatoes in about 3 acres, cabbages in 3 acres, maize in 5 acres and the remainder is left for dairy farming, boma rhodes grass and napier grass plantation and family home.

Why mixed farming instead of specializing in one?

Mixed farming is cost effective since the risk is spread thus hard to make loss on all of them. This ensures I stay in the market all through since they mature at different times. They also sustain each other as what I get from cabbages I plough back on tomatoes, to the cows and to the maize. The timed planting of each ensures that I have regular in-cash flow by targeting different markets at different times. It is also satisfying and I feel like a complete farmer doing different crops and animals instead of concentrating on one which I find boring.

How is viability of the market for your farm produce?

Farm produce is always on demand especially in urban areas and in areas where there is no stable farming. The market for cabbages and tomatoes is readily available in Kitale, Turkana and Uganda. I sell my

While many people in formal employment

would view farming as a 'dirty' and below-

class venture, Bett has demystified the bogus notion and turned his fortunes around by

dipping his feet and limbs deep into the soil.

It is within his combined 15 acres of land that

he practises mixed farming of horticultural

products - cabbages, tomatoes and maize



produce at my farm which saves me time and associated challenges of taking the produce to the market by myself. I sell my maize produce at the farm to individual business persons and private maize millers.

How do you balance the demands of your career and running your farm?

The farming I do is not complex to require much of my presence. I am able to carry out remote supervision while am away. I have a supportive family and my wife and children also have passion in farming. I have reliable farmhands whom I have instilled farming skills to ensure good farm management. I also utilize my off and leave days at the farm which I usually take at the critical stages of the plants. I have also mastered the weather patterns and specific plant needs at specific stages and I direct what to be done even when am away.

Would you say your farming is a rewarding venture?

I consider farming as the best decision that I have ever made. When I look back at the far I have come I appreciate myself for making such a significant decision when I was still young. I live a comfortable life and I afford my family a quality life. Four of my five children are in secondary school and it has never been a burden to pay their school fees. I have also acquired a few properties, something I doubt if I would ever achieve while relying on my salary alone. I believe I have already secured my future and my years in retirement.

What unique challenges do you face in your farming?

Mixed farming is relatively challenging since each crop has its unique problems and requires one to be hands on throughout. It is also fairly





expensive to run due to high cost of farm inputs such as fertilizers, agrochemicals and labour. My absence which means minimal supervision leads to crop damage especially when the farmhands are new due to inexperience. The farm is also located deep in the village with poor road network making it difficult to deliver the produce to the market which often leads to losses especially during rainy seasons. The market price also often fluctuates especially when the commodity floods the market.

From your experience, what advice would you give to person venturing into farming?

It is always good to start small even if you have the capital to start big to help you learn and gain experience. Ensure that you have sufficient information about the particular farming you want to do. It is important to visit established farms to learn and if possible, have an experienced person to guide you. There

are challenges in farming ranging from bad weather like floods, diseases and low market price. It is important to remain resilient and not give up.

What are your future goals in farming?

I look forward to expanding in acreage in the coming years. I also hope to mechanize my farming to minimize of on

the cost of production and increase farm yield. I want to be an example to other people by having a model farm offering f a r m i n g lessons to u p c o m i n g

farmers.

What are the life lessons from farming and advice to fellow officers?

It is good to have a good plan on everything you want to do. Start small and build yourself over time. The greatest mistake is hoping for an overnight success. Everything takes time and success in life requires commitment, patience, discipline and sacrifice. Make hay while the sun still shines as it is important to plan retirement on your first day of employment. Have a strong support system and embrace your family; they are your fall back cushion.

Cpl Joel Bett with his family poses for a photo with the GSU magazine team during the interview at his home.

Photo/ VINCENT KIPKEMOI





Policing Beyond

My Experience in Peace-Keeping Mission

By Constable Hellen Kariuki

s a female police officer, participating in peacekeeping missions in both South Sudan and the Democratic Republic of Congo (DRC) tested my resilience, broadened my perspective, and reaffirmed my commitment to advocating for the most vulnerable. Both countries presented unique challenges and opportunities for me, yet the common thread was the importance of empowering communities, especially women and children, in war-torn regions.

My first deployment as a peacekeeper in United Nations Mission in South Sudan (UNMISS) brought me to South Sudan, a country ravaged by civil war and widespread poverty. As one of the few women in my unit, my mission involved engaging with local communities, supporting vulnerable groups, and collaborating with local law enforcement.

In South Sudan, women in many areas were hesitant to approach law enforcement due to past experiences of violence and oppression. Initially, some locals were wary of me, a female officer in uniform but my ability to relate to them as a woman helped to bridge that gap. Over time, women and children felt more comfortable coming forward with concerns or reporting crimes, seeking me out as a safe confidante. I soon found that my presence as a female peacekeeper was powerful. It challenged traditional gender roles and provided women in the community with hope that they, too, could play roles outside of those typically designated to them. I worked with local women's groups to conduct community outreach, provide workshops on safety and legal



rights, and create platforms where women felt safe to voice their needs. These interactions inspired me, and I saw firsthand the importance of representation—how seeing a woman in uniform could empower others to see new possibilities.

One of the most demanding aspects of my mission was partnering with South Sudanese enforcement to improve policing standards. Initially, there was resistance, particularly from male officers who weren't accustomed to working with women, much less taking guidance from one. I understood that my approach needed to be one of empathy and respect for their culture while steadily demonstrating that we could work together as equals. Through various training workshops and joint patrols, I helped local police understand the importance of community-centered policing and non-violent conflict resolution. Gradually, we built trust and mutual respect. A significant milestone was when one of the male officers openly expressed that he had learned valuable lessons about patience, empathy, and collaboration through working with me-a testament to the change that was slowly taking root.

Following the end of mv tour of duty in South Sudan, I gained a another chance to serve The United Nations Organization Stabilization Mission in Democratic Republic of Congo the United **Nations** Stabilization Mission in DRC (MONUSCO), where the complexities of the mission only intensified. In many parts of the DRC, armed groups operate government outside control, causing chaos and communities. terror in Here, I was reminded 66

As a female peacekeeper, I was often the point of contact for women who had endured unspeakable traumas

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daily of the precariousness of life in a conflict zone and the pressing need for international intervention. In the DRC, gender-based violence is a tragic reality. As a female peacekeeper. I was often the point of contact for women who had endured unspeakable traumas. Many had been subjected to violence not just from armed groups but, at times, even from those meant to protect them. Being a woman allowed me to create a safe space where survivors felt understood and supported.

I collaborated closely with local and international NGOs to connect survivors with counseling, medical assistance, and legal aid. One of the most fulfilling moments of my mission in the DRC was organizing a "Women's Day" with local advocates, where survivors shared their experiences and received critical resources. This event empowered women to rebuild their lives and reaffirmed that my presence had a tangible impact on the community. Working with local law enforcement in the DRC brought new challenges. Corruption was pervasive, and many officers operated under poor conditions, facing threats from militia groups. My role was to train officers on ethical policing practices, with an emphasis on accountability and community trust.

Initially, I encountered skepticism, particularly as

a female officer trying to address deeply ingrained issues.

However, I found that the same approach I used in Sudan patience, empathy, and leading by example was effective here as well. Through various sessions, we discussed the importance of protecting civilians, especially vulnerable groups. Eventually, some officers began to adopt these practices, and together we worked to improve response times and ensure





safe reporting avenues for victims. Both South Sudan and the DRC presented distinct challenges and risks. Working in volatile regions meant constant vigilance, and the physical and emotional toll was undeniable. There were days when I felt overwhelmed by the sheer scale of need, especially in cases involving women and children. However, I was sustained by a strong support network among my fellow peacekeepers and the gratitude of the people I served.

Completing my peacekeeping missions in South Sudan and the DRC, I felt a profound sense of accomplishment. I had witnessed both suffering and resilience, and I was honored to play a role in promoting peace and stability, even in small ways. My presence as a female officer had challenged norms, and I had empowered local women to believe in their own strength and worth. Reflecting on my experiences, I am more convinced than ever that women are essential in peacekeeping missions. We bring empathy, resilience, and a unique ability to connect with the vulnerable, fostering an environment where peace is more than just the absence of conflict. It is a vision of justice, hope, and dignity for all.



The Narrow Escape

Patrol Team's Needle-Hole Survival in an Ambush Ordeal

By Inspector Paul Gitau

deafening sound echoed through the shrubs and thickets of Mlima Mapenzi. The swinging of twigs was halted and rhythmical chirping of birds in their evening praise suddenly paused. The sound was not from a familiar buzzer. As birds and creeping ants scampered for their safety, a GSU patrol team was clenched in a ferocious gun battle fighting for what their fate may, with a fragment of Al-shabaab operatives in the evening of April 30, 2023.

Inspector Joseph Nduati, commander of a GSU outpost at

Mlima Fisi in Mandera County was on a joint dominance patrol with a section of Border Patrol Unit team led by IP Rotich. Mlima Fisi lies about 5 km to Somali border and is covered with shrubs and bushes offering a good hideout for terror operatives. The contingent of security forces deployed there had intensified patrols which were not auguring well with the operations and activities of shabaab terrorists. They were marked.

On the material day, the two patrol sections were on a dominance patrol to the areas of Khalio following sighting of Al-shabaab operatives in the quarries. The operatives were threatening workers fending their daily livelihood from the quarries leading to halting of stone cutting activities. The two commanders jointly briefed their men and issued patrol orders. They embarked on the patrol through GSU Base Camp at Border Post 1 for further briefing by the company commander.

The coordinated patrol left the Base Camp to Khalio traversing the rough terrain. The sun was steadily heating up igniting the sweat glands in the mid-morning shine. The early birds had already feasted on the morning worms and were cheerfully harping and chirping, playfully hopping from one branch to the other. The loud noise of the rubber by



the gravel momentarily scared them to fly away. The scattered shrubs and thickets stood on the dry ground telling of

the dry ground tening their resilience in the water starved land. The teams cruised the rough the terrain distance apart. The mounted vehicle move would

be alternated
by dismounted
tactical move
at suspected areas
carefully scanning for signs qu
of ground disturbance. The their sec
linear movement would offer his men
the troops a good moment to recon posshake off the dust and stretch to their their muscles.

The two patrol sections arrived at Khalio area where they conducted foot patrols within and the areas around the quarries. Some quarries had closed activities due to the

threat while others had borne the threat and continued their operations albeit with fear. The presence of the patrol

In a unique

demonstration of battle

hardiness, Nduati

removed his field first

aid kit and administered

selffirst aid in the ensuing

gun fight and joined the

was a relief to the

who fed their lives from their toil and sweat the at quarries. T h e y interacted in a brief engagement with the workers and

owners of the quarries assuring them of their security. IP Nduati signaled his men to withdraw from their recon positions to return back to their base. The two patrolled commanders coordinated the return journey instructions and briefed their men accordingly. suspicious "I was some elements we met at the quarry. We briefed the patrol on heightened alertness and readiness to swing into action,"

he narrates. They embarked on the return journey to camp using Rhamu-Mandera road, BPU section in front and GSU section following back.

His mind was racing so fast consciously sentient at disadvantaged position in enemy's favorable

ground. He however kept faith in mission readiness of his men. "I knew we were at a hostile ground but I was assured of our men's capability to fight. After all, we had tactical training advantage and enough arsenals," notes Nduati. They cruised on.

A few kilometers from Khalio, they came across two lorries parked by the road side with about 10 occupants, all men. They alleged that the lorries had mechanical problem but there were no signs of breakdown. He also noted that the men were not willing to interact in a chat. "I instinctively connected our interaction with the suspicious person elements at the quarry and the allegedly stalled lorries. I became more suspicious," he remarks. Nduati in his instincts confirmed his suspicion and he knew they were indeed behind the enemy lines.

As the journey continued, the chit-chat by the troops died away. Their alertness doubled, their hands readily held to their guns. Nduati knew they had to be tactical. He ordered his driver to maintain the same speed with the leading vehicle and keep a distance of 100 metres. This would ensure that either of the sections would offer fire support to the other in case of an eventuality. His driver was also in tactical mode as he decided to drive along the right side of the road away from the usual smooth left side.

While pondering at the driver's tactical mind, the speedy move came to a slow halt to pass through a broken culvert and



potholes covered by stagnant water at Mlima Mapenzi. The sweet and intimate name was quite a contrast. It has neither an iota of love, nor a jot of affection but stinks of pain, grief and anguish. While still wondering about the driver's decision to drive through the potholes instead of the smooth side, their world momentarily halted. A command instigated Implosive Explosive Device (IED) exploded at the left side followed by a hail of bullets from suspected Al-Shabaab operatives. vehicle's left side rear and front wheels were blown off by the impact of the blast but managed to drive a few metres from the spot. His men swiftly disembarked from the vehicle to fight back the assailants oblivious of their injuries from the shrapnels of the massive



explosive. As Nduati dismounted from the vehicle he was hit by a bullet which shattered his right hand index and middle fingers at the palm. Nduati, injured and bleeding bravely led his men in the ensuing gunfight as the BPU team joined them tactically to fight off the terrorists. In a unique demonstration of battle hardiness, Nduati removed his field first aid kit and administered self-first aid in the ensuing gun fight and joined the team in the battle. At the silence of guns, one terrorist lay dead, his fate fixed with his maker.

They combed the area and made several recoveries from the firing position of the terrorists. BPU team provided first aid to officers who were injured by fragments of the explosive. They called for reinforcement and medical evacuation from

Border Post 1 Base Camp which arrived in no time. The injured officers were evacuated to Mandera County Hospital for treatment where they were later airlifted to Nairobi West Hospital for specialized treatment.

While reminiscing about the whole encounter, IP Nduati appreciates the importance of teamwork and mission readiness in security operations. He underscores the significance tactical awareness instinctive decision making of every member in a fire unit. "The instinctive tactical decision of the driver to drive by the right side helped us escape the trap of death laid against us. When I looked at the deep crater created by the blast, I imagined what would have been the aftermath. It was a narrow escape," Nduati concludes.





The Long Journey Home

By Inspector Edward Nzioki

"In conclusion, let me wish you all the best as you embark on the noble journey protecting our motherland, God bless you, God bless our country Kenya".

his is many a chief guest's last statement on green officers' passing out parade. The challenges preceding this final and colorful event momentarily buried in the celebrations. ensuing The new sheriffs in town join their families and friends in feasting and merry making, marking a culmination of months of hard work and sleepless nights. A culmination of focused efforts aimed at transforming young energetic men and ladies into modern officers of the

law responsive to dynamics of crime. Nothing, however, prepares the young entrants into the General Service Unit for the challenging demands of their working fields.

Not that there's anything to doom their spirits at this point. None at all, with achieved dreams and a promise of a great future in the best paramilitary unit in the region with their drives as varied as their personalities, some by curiosity, and others by adventure, but all with a common goal of promoting and sustaining a peaceful Kenya. The first deployment is an



none experience would wish to re-live, owing to the hassle and uncertainties it comes with. The convoy snaked its way past a hilly region dotted with shrubs which from their very appearance had braved tough times. There was barely any vegetation cover and one wondered what the herds visible from a distance were feeding on. The area seemed have to been sparsely populated from the ramshackle of homesteads distances apart which had

braved the brunt of violence and still stood as a testimony to what had transpired.

The convoy passed by deserted town centers, with dilapidated structures and shells of what were once thriving business premises but now dotted with bullet holes, a stark reminder of what insecurity brings forth. There was no sign of life but for small heads of cattle and a variety of wild animals.

The goatherds were a different story altogether; young boys and old men alike, with AK-47 rifles strapped on their shoulders oblivious of the presence of a large contingent of security

The convoy passed by deserted town centers, with dilapidated structures and shells of what were once thriving business premises but now dotted with bullet holes

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personnel. The journey didn't seem to end and none of the officers seemed enthusiastic about their new deployment anymore.

There's grave silence in the troop carriers, each lost in their own thoughts and only the older and seasoned escorts were on alert. The whole convoy pulled up by the roadside on a high ground and a quick message found its way to the last of the lorries, "watu waue nyoka". The short break, a welcome opportunity for stretching arouses a little chitchat, centered on how much longer the journey will

last. Its only 10 o'clock in the morning but the day seems far spent. The clear blue skies offer no comfort and the scorching morning sun makes it impossible to see through a long distance, and is reminiscent of the Unit's field training ground in Magadi- an experience none wants to remember.

As noon approached, the officers, bone-tired and exhausted of the long hours of rough travelling, the convoy reached what appeared like a lively town, with some semblance of life after ages traversing vast and abandoned countryside. This is where they were going to take their lunch, as well as shop for personal



effects. They would later learn that this was going to be their main center of business for the entire period of their stay in the region. There wasn't much to choose from the menu just as there wasn't much of quality on the items they purchased from the make shift shops, a disappointment for young lads who were used to shopping malls with varieties of wares and executive restaurants with menus running from here to Timbuktu.

enveloped the fields, the convoy wound its way towards their destination. The officers manning the gate, After roughly an hour break, they or sentries, as they are embarked on the journey after a very elaborate briefing commonly referred military terms. centered on alertness from in could now make that point onwards as approaching the area was banditthe from troops The terrain prone. distance from the worse, tensions got noise by rubber soared and pravers against gravel and recited secretly.... what headlights the previously looked like a fast approaching tough journey was now their position. The evolving into something else. Lost enthusiasms vehicles stopped vards from the main seemed to seep back and into the young officers entrance the and spirits instilled in their JANUARY | 2025 66

systems during their long period of training

regained. Conversations flowed once again,

each trying their best to exude courage, each living up to their call. As evening approached,

they were met by a Mine Resistant and Ambush

Protected vehicle which would escort them

for the remaining part of the journey. Without

a doubt, the MRAP underscored the magnitude

of the insecurity in the area. As darkness

sentry, armed to the teeth, approached them with utmost caution. Metres away, under cover of darkness and behind extremely fortified kips, were equally armed and battle-hardened officers providing cover to their approaching colleague. Their entry into the camp brought forth some bustle, the warm welcome from their colleagues serving to reassure the arriving contingent that there was, after all, a home away from home. The new family has everything organized, from meals to sleeping arrangements. It's their first night home away from home, sometimes in extremely hostile environments where sleeping is not necessarily a priority as is the business of fostering peace in the hostile lands.

They will be taken in and initiated into the new environment. They will make new friends, form new bonds and learn from the experienced and tested in matters field operations. They will be taught to ignore pain, to ignore weather and push themselves to the very last of their strength to get the job done in defense of their motherland. After all, we are the General Service Unit!





In Step of Faith

Jubilation as St. Nicholas Catholic Church is consecrated after 35yrs Wait

By Inspector Edward Nzioki

t was pomp and color Rt Rev. David Kamau, the Auxiliary Bishop, Archdiocese of Nairobi presided over the consecration of St. NicholasCatholicChurch at GSU headquarters on October 27. 2024. The sanctification marked a culmination of 35vrs journey of building the Lord's house since its foundation was laid on September 3, 1989 by the Rt. Rev. Urbanus Kioko. The church being the societal moral compass, the Unit has over the vears endeavored to promote the different religious inclinations of its officers and their families as evidenced by the unlimited efforts the commandant and his office have put forth to sustain

the already established religious institutions. It is therefore against this backdropthatStNicholas Catholic Church, GSU headquarters was being consecrated. The occasion was graced

by various senior officers from the General Service Unit and beyond, among them the Deputy Inspector General of the Kenya Police Service, Mr. Eliud Lagat, the Deputy Commandant, GSU Mr. Richard Rotich, the General Staff Officer-GSU, Mr. George Nderitu among others. The auspicious event also had the honor of a visit by former Police Commissioner Mr. Mathew Iteere whose presence underscored the importance attached to the event.



Auxilliary Bishop of Nairobi Rt. Rev David Kamau. Photo/ELVIS MINJIRE

It goes without saying therefore, that those tasked with various roles were over themselves to outdo the next person and this went even for the little angels in liturgical dancing. Little in stature and age but extremely active and dexterous, their leader urging them on, "nataka kuona watu wakivunjika", they danced their bones to crack showcasing their fluidity. The catholic women association as well as their male counterparts turned out, as one would expect





in such an auspicious event, in their respective attires and were on point to crown the event.

The General Service Unit Band, traditionally domiciled at the National Police Service, Embakasi 'B' Campus, wouldn't

miss in such an occasion and they turned up to spice up the event. They sung out their hearts and lungs melodiously

creating a live atmosphere in presence of God. The guest of honor, Rt Rev. David Kamau arrived at about 1030hrs and was received by the church leadership as well as senior police officers. After a short tree planting session, the service began in earnest. After dedicating the church in what was an elaborate procedure dictated by the doctrines of the Catholic Church, He delved into the sermon of the day which counseled on the importance selflessness, respect and consideration of the less fortunate in the society. He implored on the police community to serve without discrimination as Christ did the church. He commended the Commandant for his tireless support of the church project, lauding it as a major step not only in faith, but also in promoting

St. Nicholas Catholic Church serves as a great institution of faith where officer of the Unit find solace when overwhelmed.

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the police image amongst the faithful and the general public at large. The Deputy Inspector General-Kenya Police Service, Mr. Eliud Lagat, the man under whose stewardship the whole project was seen to completion, was of few words.

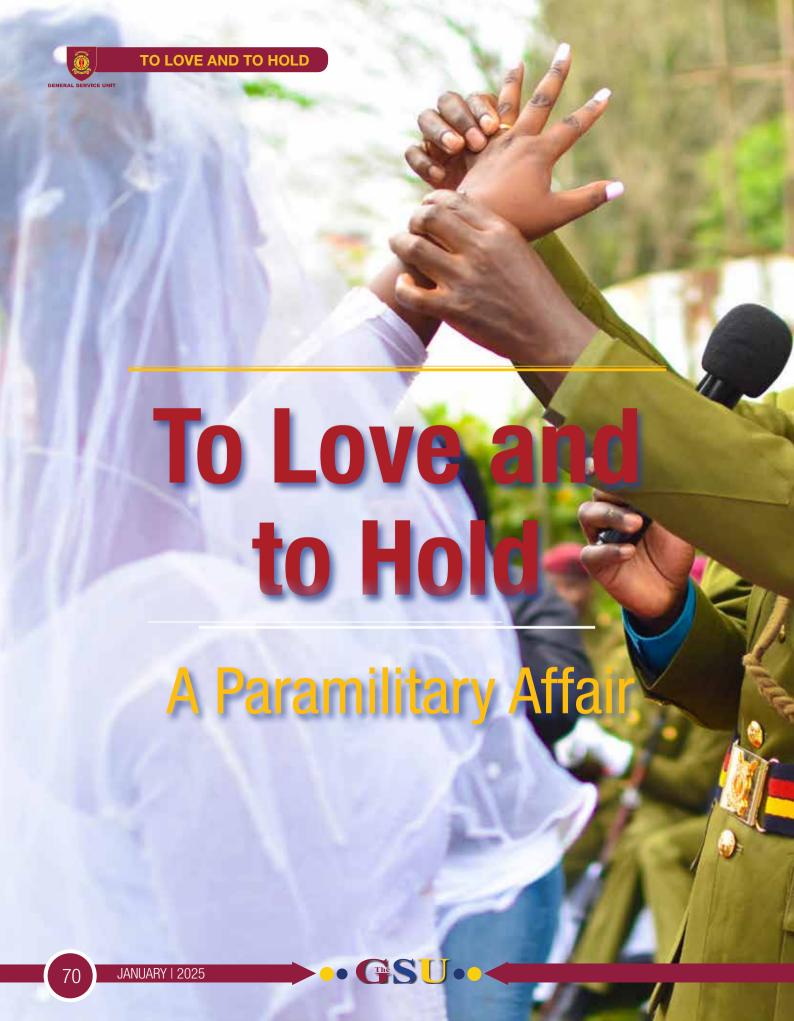
Hethankedthechurchleadership for their commitment especially in seeing the project through. He recounted the sacrifice and the zeal with which those tasked with different assignments undertook them and noted that such should be the dedication even amongst the officers when dispensing of their duties. He reminisced his days at the helm of the country's sole Paramilitary security organ and fondly dwelt on the subject of unity amongst the GSU family.

On his part, retired Police Commissioner and former Commandant- General Service Unit, Mr. Mathew Iteere hailed the church for its steadfastness. He commended both the current administration of the General Service Unit and that of the church for the efforts put forth in the transformation of the church. He revived past memories of the church, the dreams, aspirations and presently, the realization of the milestone by the leadership and appreciated the long journey.

The retired Chief Cop went on to underscore the position of the family in the church. He reiterated the place of the family as the basic foundation of the church and counselled officers present on the importance of taking good care of their families. He

reminded them that when all is said and done, and particularly when things go south, it is their families that they run back to and hence the need for everyone to be in good terms with their families. St. Nicholas Catholic Church serves as a great institution of faith where officer of the Unit find solace when overwhelmed. The completion and consecration of the church serves as a commitment of the Unit to foster spiritual growth among its officers.







Celebrating the Union in Love of Mercy Hittla and Victor Alila

By Constable Ezekiel Muthoka

n a beautiful day in August, the General Service Unit witnessed a historic moment as it celebrated its first paramilitary wedding for a constable. Friends, family, and fellow officers gathered to witness the union of Mercy and Victor, a couple whose journey of love began in 2016. Their love story sprouted when Mercy had just completed her college education and Victor had recently joined the forces. For them, it was love at first sight which blossomed like a lily and as they say, the rest is history. Hailing from different backgrounds-Victor from Solvo village in Kakamega County and Mercy from Mumias East in Kakamega County—their paths converged, leading them to a shared dream of a life together.

In the weeks leading up to their big day, Mercy often found herself thinking about the ceremony. "Our wedding was the part of the day that I thought about the most," she shared. "I was so excited to become Victor's wife, to exchange vows in the presence of God, family, and friends." Victor echoed her sentiments, revealing, "It was my dream since I joined the Service. The colorful presentations and the drills of past military weddings inspired me." It was a day they both held in a golden value and alas! Here it was.

Finding the right venue was a journey of its own. After weeks of searching, Mercy and Victor chose St. Benedict Amani center ground for its stunning outdoor garden, perfect for their envisioned ceremony. With the help of wedding planner Ms. Eunice Tobina, they navigated the challenges of organizing an outdoor event, particularly in the unpredictable

weather of August in Nairobi. Fortunately, the wedding day dawned with clear blue skies and crisp autumn air, setting a perfect stage for their celebration. As guests arrived, they were greeted with refreshing drinks to stave off the cool temperatures, while the General Service Unit band played delightful melodies, creating a lovely atmosphere in

On Saturday, August 24, 2024, at 1000 a.m., the ceremony commenced. squad of 13 dressed officers. ceremonial in uniforms. showcased impressive military drills. making history for their unit. With about 200 guests

in attendance, the open

the love-filled arena.

ground of the church was transformed into an intimate setting, complete with a red carpet leading to the seating area. The bridesmaids donned stunning mustered yellow outfits, harmonizing beautifully with their male counterparts creating epic pairs flowering the occasion. Preparations had begun two months prior, with police officers gathering weekly to

A squad of 13 officers, dressed in ceremonial uniforms, showcased impressive military drills, making history for their unit.

ensure the event was nothing short of spectacular. blessings With from commandant of the the General Service Unit. Mr. Ranson Lolmondooni. the stage was set.

As the groom entered, flanked by his best man and the honour guard, the atmosphere was electric. The bridesmaids gracefully danced down the

aisle, followed by flower girls and a ring bearer, who infused the event with youthful exuberance. The excitement peaked as Mercy made her entrance, radiant and joyful. Bishop CI Hosea Tunavo officiated the ceremony, which unfolded in a heartfelt christian manner. Surrounded by their loving parents, Mercy and Victor exchanged vows, amidst joyous shouting and ululations from the guests, sealing their commitment to each other in front of friends and family. After the ceremony, the newlyweds headed to Utalii Hotel for a memorable photoshoot, expertly captured by Glimpse studios. The celebration continued at VPTC grounds which are just adjacent to GSU Headquarters, where a vibrant reception awaited them and their guests.

Laughter, love, and the spirit of camaraderie filled the air as everyone came together to celebrate the couple's beautiful journey. In this unique fusion of love and tradition, Mercy and Victor not only celebrated their union but also etched their names into the history of the General Service Unit, marking a memorable day for all who attended.







Fit For Duty

Managing Weight and Fitness in Law Enforcement





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Officers with access to a gym or the opportunity to sign up for memberships elsewhere should take full advantage of these life-changing resources to transform their fitness and overall well-being. Stress can lead to overeating or skipping meals, while poor sleep disrupts metabolism. Officers are advised to find stress-relief activities like yoga, meditation, or even short walks and prioritize quality sleep for better weight management. Cold showers also reduce stress.

Gaining weight involves consuming more calories than the body burns, creating a calorie surplus. However, it's important to note that alcohol, sugary soft drinks, cakes, and other junk foods are often the main culprits behind rapid weight gain. While gaining weight can happen quickly, losing the same weight can take months, if not years.

That's why it is strongly encouraged for everyone to prioritize their health because once you cross that line, it becomes increasingly difficult to turn your life around. Focus on a balanced diet with nutrient-dense foods, such as lean proteins, healthy fats, and complex carbohydrates, and stay physically active to improve not only your weight but also your heart health. Consistency is key, and taking small steps today can lead to significant improvements in your overall well-being. Managing weight is about balance, discipline, and consistency. For police officers, it's also about readiness, professionalism, and the ability to serve at their best.

Whether your goal is to lose weight, gain muscle, or simply feel more energized, fitness is your ally. Together, we can overcome the challenges of weight management and build a force that's not only physically strong but also healthy and confident.



Weight management among police officers often boils down to three main factors:

Sedentary Time: Long hours in patrol cars or at desks contribute to weight gain.

Poor Nutrition Choices: Fast food or skipped meals during busy shifts make it harder to maintain a healthy weight.

Stress and Fatigue: Many officers turn to food as a coping mechanism for stress, while others struggle to find energy for workouts after long shifts. These challenges are real, but they are not insurmountable.

Here are some Practical Strategies for weight gain and weight loss.

Set Realistic Goals: Whether an officer's goal is to lose weight, build muscle, or simply maintain their current level, the first step is creating realistic and specific goals. It is the small steps done consistently that count and therefore important to focus on progress, not perfection. Prioritize balanced nutrition.

For weight loss: Focus on portion control and nutrient-dense foods like lean proteins, whole grains, and vegetables. Avoid crash diets, which can drain energy and reduce performance.

For weight gain: Incorporate more healthy calories by adding nuts, avocados, and protein shakes to meals. Focus on strength training to ensure the weight gained is muscle, not fat. Incorporate Functional Workouts. Exercises that mimic real-life tasks like carrying weighted sandbags, sprinting or bodyweight circuits help officers to build strength and burn calories. These workouts keep officers engaged because they're directly relevant to their job.





The Highway Kings

The Reckoning GSU Handball Team

By Constable Sammy Sagat

he fairly known but explosively emerging GSU handball team - is the true hallmark of what rapid success means. Handball sport which is naturally athletic is the newest sporting activity to join the family of sports in the Unit. The GSU Handball team, an entrant into the Kenya handball game was formed in 2019 by a group of police officers as part of recreation to develop their talent for their love for the sport. The consistency by the group which consisted of several officers with good handballing background attracted other officers who were enthusiastic about the sport. The resilience of the amateur team paid off when most of the players were called to join the National Police Team during the 2019 East Africa Police Chiefs Cooperation Organization (EAPCCO) games held at Kasarani, Nairobi. The players getting their first



competitive exposure dedicated themselves and helped the Police team to finish at a resounding second position behind Tanzania. The exploits of the players in the Police team motivated them to register the GSU Handball team in the Kenya

Handball
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known as
the 'Highway
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highnotebeforetheleaguewascutshortbyCovid-19 pandemic while at position 19. The disruption of sporting activities by Covid-19 enabled the team to strategize while training at GSU headquarters. Determined to position themselves as a strong s i d e . the team caused a disruption and

shockwaves in the 2021-2022
National League season when
they finished in the fourth
position. The highlight of the
league was the 'Highway Kings'
defeating the mighty National
Cereals and Produce Board team, 'The
Cereals' who were a force to reckon
with and the reigning champions for
many years. The team

emerged as the most improved team in the league and their fourth position earned them the rights to participate in the Super Cup, a sporting meet of the best six teams in the league. Led by their head coach Cpl Joseph Okemwa and team manager Sgt

Gabriel Otwane, the team has squeezed themselves into and disrupted the order of the top four teams which has for years been dominated by the Cereals, the friendly forces Ulinzi team of Kenya Defence Forces, Equity bank and Strathmore University.

The team has been finishing between position 4 and 3 in the successive National league seasons between 2021 and 2024 cementing themselves as a formidable side in the handball





league. The relatively young but explosive team has within the short period of its emergence participated in many local and regional championships and won medals and accolades which have brought glory to the Unit. A select of strong players from the team represented the National Police in the 4th edition of EAPCCO games held in Rwanda in 2023 where they emerged in the second position behind Rwanda.

The Highway Kings also participated in their first East and Central African Club Championship (ECACC) in 2023 in Nairobi, a fete where they finished sixth in a pool of 12 other formidable regional teams. The team is preparing to participate in ECACC to be held in Rwanda in December this year where they hope to immerse themselves into the game and bring victory. The emerging dominant team has participated in a series of events and tournaments across the nation managing to bring home trophies in the awards category. They won Mombasa Handball Tournament, Pre-Season handball Tournament, position two, Meru Easter Handball Tournament, position one, Nakuru Open Tournament, position one, Kisumu Open Tournament,

position one, among others. The team comprising of 25 young and energetic players is committed to maintain a streak of exemplary performance through training, exercise and discipline. The team has their sights set on winning this year's National League and the National Super Cup to add to their trophy cabinet. They have a strong devotion to scale to the highest level to remain at the top and represent the Unit and the National Police Service in the game.









